2026-2027 Family and Consumer Sciences BA/BS Degree Plan

Student name: _____ UMID: _____ Date: _____

Advisor name: _____ Concentration: **Human Development and Family Studies**

UNIVERSITY of MONTEVALLO

The Purpose of General Education is to Gain:

- Knowledge of Human Cultures and the Physical and Natural World
- Intellectual and Practical Skills
- Personal and Social Responsibility
- Integrative and Applied Learning

Key Courses For General Education (47 hours)

First Year Experience (3)

Choose: UM 101 or HNRS 101 3____

1. **Written Composition (6)**

Choose: ENG 101 or 103. 3____

Choose: ENG 102 or 104. 3____

2. **Humanities & Fine Arts (18)**

Choose one: ENG 231, 233, 232 or 234.* 3____

*Students must complete a six-hour sequence in either History or Literature. Students may complete both sequences.

Choose: COMS 101 or 102. 3____

Choose one Fine Arts: ART 100, 120, 220; MC 100, 325; MUS 121 or 122, 125, 211, 240, 255, 342, THEA 120 or 122, 123. 3____

Choose one Humanities: AAS 200; ASL 101, 102, 201, 202; ENG 231 or 233, 232 or 234; FRN 101, 102, 150, 201, 202, 250; SPN 101 or 103, 102 or 104, 150, 201, 202, 250; GER 101, 102, 201, 202; PHIL 110 or 111, 180, 220 or 221, 230, 280, 290;REL 110. 3____

Choose two of the following (not used above):

AAS 200; ASL 101, 102, 201, 202; ART 100, 120, 220; ENG 231 or 233, 232 or 234; FRN 101, 102, 150, 201, 202, 250; SPN 101 or 103; 102 or 104, 150, 201, 202, 250; GER 101, 102, 201, 202; MC 100, 325; MUS 121 or 122, 125, 211, 240, 255, 342; PHIL 110 or 111, 180, 220 or 221, 230, 280, 290; REL 110; THEA 120 or 122, 123. 3____ 3____

3. **Natural Sciences & Mathematics (11)**

Choose one lab science from two different disciplines:

BIO 100, 105-107; CHEM 100-102, 121, 122; 4____

ESCI 100; GEOL 110, 115; PHYS 100 or higher. 4____

Choose MATH 147 or 154 (or MATH 144 or higher). 3____

4. **History, Social & Behavioral Sciences (12)**

Choose one History: HIST 101, 103, 102 or 104.* 3____

*Students must complete a six-hour sequence in either History or Literature. Students may complete both sequences.

Choose: FCS 291. 3 _**_

Choose: FCS 302. 3 _**_

Choose one of the following: EC 231, 232; GEOG 231; HIST 101 or 103, 102 or 104; POS 200, 250; PSYC 201/202; SOC 101/102; SWK 203, 260, 322. 3____

5. **Personal Development (3)** 3____

Choose one of the following: ART 250, 255; COMS 141; CS 161; ED 447; ENG 261; ES 200; EXNS 120, 281; MATH 261; MIS 161; MUS 228; PJS 200.

**Indicates requirement is satisfied in major course requirements.

Additional Requirements for Degree (7-12 hours)

Choose and complete **only one** requirement below:

Bachelor of Science Requirements (7)

Choose additional 7 hours in mathematics and/or science not used toward requirement #3 above.

_____ 3____ _____ 3____

Bachelor of Arts Requirements (up to 12 hours)

Students must complete either:

- the second-year course sequence in ASL, FRN, GER, or SPN.
- OR the first-year course sequence in two different languages.

Other options to complete the BA requirements are found in the Bulletin.

_____ 3____ _____ 3____

_____ 3____ _____ 3____

Major Course Requirements (49 hours)

FCS 100 (Family & Consumer Science Seminar) 1____

FCS 275 (Research Methods in Human Sciences) 3____

EXNS 281 (Introduction to Nutrition) 3____

FCS 291 (Individual & Family Development) 3____

FCS 302 (Dynamics of Family Relationships) 3____

FCS 330 (Consumer Economics) 3____

FCS 362 (Program Administration in HDFS) 3____

FCS 386 (Family Policy) 3____

FCS 391 (Child Development) 3____

FCS 407 (Human Sexuality) 3____

FCS 435 (Professional & Career Development) 3____

FCS 465 (Parenting and Guidance) 3____

FCS 490 (Family Life Education) 3____

FCS 499 (Hum. Dev. & Family Studies Internship) 6____

CHOOSE TWO OF THE FOLLOWING:

FCS 389 (Infant & Toddler Development) 3____

FCS 394 (Methods of Early Childhood Programs) 3____

FCS 400 (Adolescence & Young Adult Development)

FCS 405 (Adult Development & Aging)

Support Courses (6 hours)

COMS 365 (Family Communication) 3____

SPED 407 (Exc. Learners in P12/Sec. Classroom) 3____

General Electives (6-11 hours)

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_____

Minor Course Requirements (Optional)

Title: _____ Hrs. Req. _____

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GENERAL GRADUATION REQUIREMENTS

As a graduation requirement of the FCS major, a student must earn a minimum 2.5 GPA within the major, with a grade of C or higher in all major and support courses.

1. 50% of crs in major area at UM
2. 30 hrs 300/400 at UM
3. 30 of last 40 hours at UM
4. 60 hr limit from 2-year school
5. 45 hr limit of non-traditional credit
6. 6-hr sequence in history or literature
7. Capstone experience within major
8. 2.0 or higher UM GPA and in all major and minor areas

Total Hours Required: 120

Total Hours Completed to Date: _____

Hours Remaining for Completion: _____

Hours Currently Registered: _____

Hours Remaining: _____

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