

Name: Nutrition & Wellness Track

Major: EXNS

University of Montevallo

4-YEAR PLAN

4-YEAR PLAN		Freshman		Sophomore		Junior		Senior	
		Course Title	HRS	Course Title	HRS	Course Title	HRS	Course Title	HRS
Fall Semester		EXNS 120	3	EXNS 211	3	EXNS 308	3	EXNS 486	1
		BIO 105	4	EXNS 281	3	EXNS 380	4	EXNS 490	3
		ENG 101	3	CHEM 101	4	ENG 231/233	3	GEN ED - Fine Arts	3
		UM 101	3	BIO 201	4	BIO 300	4	EXNS 473*	3
		HIST 101/103	3	COMS 101	3	EXNS 477	3	EXNS 483*	3
								EXNS 485*	3
		Total Semester HRS	16	Total Semester HRS	17	Total Semester HRS	17	Total Semester HRS	16
Spring Semester		EXNS 200	3	BIO 202	4	EXNS 398	4	EXNS 494	3
		EXNS 210	3	GEN ED - Humanities	3	EXNS 487	3	GEN ED - History, Social, Behav	3
		MATH 147 or Higher	3	CHEM 102	4	GEN ED - Humanities	3	GEN ED - Humanities	3
		ENG 102	3	GEN ED - History, Social, Behav	3	PSYC 201	3	EXNS 471*	3
		EXNS 170	3	EXNS 310	3	EXNS 373	1	EXNS 474*	3
						EXNS 382	3	EXNS 484*	3
		Total Semester HRS	15	Total Semester HRS	17	Total Semester HRS	17	Total Semester HRS	18
Summer Full Term									
Summer I									
Summer II									
		Total Semester HRS	0	Total Semester HRS	0	Total Semester HRS	0	Total Semester HRS	0
FULL CREDITS TOTAL	133	Total Year Hours	31	Total Year Hours	34	Total Year Hours	34	Total Year Hours	34