

# 2025-2026 Psychology BA/BS Degree Plan



Student name: \_\_\_\_\_ UMID: \_\_\_\_\_ Date: \_\_\_\_\_  
 Advisor name: \_\_\_\_\_ Concentration: **None**

## The Purpose of General Education is to Gain:

- Knowledge of Human Cultures and the Physical and Natural World
- Intellectual and Practical Skills
- Personal and Social Responsibility
- Integrative and Applied Learning

### Key Courses For General Education (50 hours)

- First Year Experience (3)**  
 Choose: UM 101 or HNRS 101 3 \_\_\_\_\_
1. **Written Composition (6)**  
 Choose: ENG 101 or 103. 3 \_\_\_\_\_  
 Choose: ENG 102 or 104. 3 \_\_\_\_\_
2. **Humanities & Fine Arts (18)**  
 Choose one: ENG 231, 232, 233, or 234.\* 3 \_\_\_\_\_  
 \*Psychology majors must complete the six-hour sequence in History. Students may also complete the Literature sequence.  
 Choose: COMS 101 or 102. 3 \_\_\_\_\_  
 Choose one Fine Arts: ART 100, 120, 220; MC 100, 325; MUS 121 or 122, 125, 211, 240, 255, 342; THEA 120 or 122, 123. 3 \_\_\_\_\_  
 Choose one Philosophy course: PHIL 110 or 111, 180, 220 or 221, 230, 280, 290. 3 \_\_\_\_\_  
 Choose two of the following (not used above):  
 AAS 200, ART 100, 120, 220; ENG 231 or 233, 232 or 234; FRN 101, 102, 150, 201, 202, 250; SPN 101 or 103, 102 or 104, 150, 201, 202, 250; GER 101, 102, 201, 202; MC 100, 325; MUS 121 or 122, 125, 211, 240, 255, 342; PHIL 110 or 111, 180, 220 or 221, 230, 280, 290; REL 110; THEA 120 or 122, 123. 3 \_\_\_\_\_
3. **Natural Sciences & Mathematics (11)**  
 Choose: BIO 105 or 107. 4 \_\_\_\_\_  
 Choose one non-Biology lab science:  
 CHEM 100-102, 121, 122; ESCI 100; GEOL 110, 115; PHYS 100 or higher. 4 \_\_\_\_\_  
 Choose: MATH 147. 3 \_\_\_\_\_
4. **History, Social & Behavioral Sciences (12)**  
 Psychology majors must complete the six-hour sequence in History. Students may also complete the Literature sequence.  
 Choose: HIST 101 or 103. 3 \_\_\_\_\_  
 Choose: HIST 102 or 104. 3 \_\_\_\_\_  
 Choose: PSYC 201 or 202. 3 \*\*  
 Choose one of the following:  
 EC 231, 232; FCS 291, 302; GEOG 231; POS 200, 250; SOC 101 or 102; SWK 203, 260, 322. 3 \_\_\_\_\_
5. **Personal Development (3)**  
 Choose one of the following: 3 \_\_\_\_\_  
 ART 250, 255; CS 161; ED 447; ES 200; FCS 281; EXNS 120; MATH 261; MIS 161; MUS 228.

\*\*Indicates requirement is satisfied in major course requirements.

### Additional Requirements for Degree (7-12 hours)

Choose and complete only one requirement below:  
**Bachelor of Science Requirements (7)**  
 Choose additional 7 hours in mathematics and/or science not used toward requirement #3 above.  
 \_\_\_\_\_ 3-4 \_\_\_\_\_ 3-4 \_\_\_\_\_

**Bachelor of Arts Requirements (up to 12 hours)**  
 Students must complete either:  
 • the second-year course sequence in ASL, FRN, GER, or SPN.  
 • OR the first-year course sequence in two different languages.  
 Other options to complete the BA requirements are found in the Bulletin.  
 \_\_\_\_\_ 3 \_\_\_\_\_ 3 \_\_\_\_\_  
 \_\_\_\_\_ 3 \_\_\_\_\_ 3 \_\_\_\_\_

### Major Course Requirements (39 hours)

PSYC 201 or 202 (Foundations in Psychology)	3 _____
PSYC 300 (Statistics for the Behavioral Sciences)	3 _____
PSYC 301 (Research Methods in Psychology)	3 _____
PSYC 306 (Lifespan Developmental Psychology)	3 _____
PSYC 310 (Psychopathology)	3 _____
PSYC 321 (Social Psychology)	3 _____
PSYC 325 (Biological Psychology)	3 _____
PSYC 499 (Senior Seminar Hist. of Psychology)	3 _____

PSYC 340 (Cognitive Psychology) or PSYC 345 (Principles of Learning)	3 _____
PSYC 300/400 Elective	3 _____
PSYC 300/400 Elective	3 _____
PSYC 300/400 Elective	3 _____
PSYC 300/400 Elective or SWK 311	3 _____

**Courses recommended for interest in Clinical Psychology or Counseling:**  
 PSYC 315, 340, 345, 350, 351, 352, 418, 430.  
**Courses recommended for interest in Experimental Psychology:**  
 PSYC 340, 345, 415, 420, 430.

### General Electives (19-24 hours)

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\_\_\_\_\_

### Minor Course Requirements (Optional)

Title: \_\_\_\_\_ Hrs. Req. \_\_\_\_\_

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\_\_\_\_\_

- ## GENERAL GRADUATION REQUIREMENTS
- |                                   |  |
|-----------------------------------|--|
| 1. 50% of crs in major area at UM | 5. 45 hr limit of non-traditional credit                 |
| 2. 30 hrs 300/400 at UM           | 6. 6-hr sequence in history or literature                |
| 3. 30 of last 40 hours at UM      | 7. Capstone experience within major                      |
| 4. 64 hr limit from 2-year school | 8. 2.0 or higher UM GPA and in all major and minor areas |

Total Hours Required: 120  
 Total Hours Completed to Date: \_\_\_\_\_  
 Hours Remaining for Completion: \_\_\_\_\_  
 Hours Currently Registered: \_\_\_\_\_  
 Hours Remaining: \_\_\_\_\_