

2025-2026 Family and Consumer Sciences BA/BS Degree Plan

Student name: _____ UMID: _____ Date: _____
 Advisor name: _____ Concentration: **None**



UNIVERSITY of
MONTEVALLO

The Purpose of General Education is to Gain:

- Knowledge of Human Cultures and the Physical and Natural World
- Intellectual and Practical Skills
- Personal and Social Responsibility
- Integrative and Applied Learning

Key Courses For General Education (47 hours)

First Year Experience (3)

Choose: UM 101 or HNRS 101 3 _____

1. Written Composition (6)

Choose: ENG 101 or 103. 3 _____

Choose: ENG 102 or 104. 3 _____

2. Humanities & Fine Arts (18)

Choose one: ENG 231, 233, 232 or 234.* 3 _____

*Students must complete a six-hour sequence in either History or Literature. Students may complete both sequences.

Choose: COMS 101 or 102. 3 _____

Choose one Fine Arts: ART 100, 120, 220; MC 100, 325; MUS 121 or 122, 125, 211, 240, 255, 342; THEA 120 or 122, 123. 3 _____

Choose one Humanities: AAS 200; ENG 231 or 233, 232 or 234; FRN 101, 102, 150, 201, 202, 250; SPN 101 3 _____

or 103, 102 or 104, 150, 201, 202, 250; GER 101, 102, 201, 202; PHIL 110 or 111, 180, 220 or 221, 230, 280, 290; REL 110. 3 _____

Choose two of the following (not used above):

AAS 200, ART 100, 120, 220; ENG 231 or 233, 232 or 234; 3 _____

FRN 101, 102, 150, 201, 202, 250; SPN 101 or 103, 102 or 104, 3 _____

150, 201, 202, 250; GER 101, 102, 201, 202; MC 100, 325; 3 _____

MUS 121 or 122, 125, 211, 240, 255, 342; PHIL 110 or 100, 3 _____

180, 220 or 221, 230, 280, 290; REL 110; THEA 120 or 122, 123. 3 _____

3. Natural Sciences & Mathematics (11)

Choose one lab science from two different disciplines:

BIO 100, 105-107; CHEM 100-102, 121, 122; 4 _____

ESCI 100; GEOL 110, 115; PHYS 100 or higher. 4 _____

Choose: MATH 147 or 154 (or MATH 144 or higher). 3 _____

4. History, Social & Behavioral Sciences (12)

Choose one History: HIST 101, 103, 102 or 104.* 3 _____

*Students must complete a six-hour sequence in either History or Literature. Students may complete both sequences.

Choose: FCS 291. 3 **

Choose: FCS 302. 3 **

Choose one of the following: EC 231, 232; GEOG 231, 3 _____

HIST 101 or 103, 102 or 104; 102 or 104; POS 200, 250; 3 _____

PSYC 201/202; SOC 101/102; SWK 203, 260, 322. 3 _____

5. Personal Development (3)

Choose one of the following: 3 _____

ART 250, 255; CS 161; ED 447; ES 200; FCS 281; 3 _____

EXNS 120; MATH 261; MIS 161; MUS 228. 3 _____

**Indicates requirement is satisfied in major course requirements.

Additional Requirements for Degree (7-12 hours)

Choose and complete only one requirement below:

Bachelor of Science Requirements (7)

Choose additional 7 hours in mathematics and/or science not used toward requirement #3 above.

_____ 3-4 _____ 3-4 _____

Bachelor of Arts Requirements (up to 12 hours)

Students must complete either:

- the second-year course sequence in ASL, FRN, GER, or SPN.
- OR the first-year course sequence in two different languages.

Other options to complete the BA requirements are found in the Bulletin.

_____ 3 _____ 3 _____

_____ 3 _____ 3 _____

Major Requirements (31 hours)

FCS 100 (Family & Consumer Science Seminar) 1 _____

FCS 275 (Research Methods in Human Sciences) 3 _____

FCS 281 (Introduction to Nutrition) 3 _____

FCS 291 (Individual and Family Development) 3 _____

FCS 302 (Dynamics of Family Relationships) 3 _____

FCS 330 (Consumer Economics) 3 _____

FCS 435 (Professional & Career Development) 3 _____

FCS elective (300/400 level) 3 _____

FCS elective (300/400 level) 3 _____

FCS elective (300/400 level) 3 _____

FCS elective (300/400 level) 3 _____

Internship (6 hours)

FCS 497 (FCS Internship) 6 _____

General Electives (24-29 hours)

Minor Course Requirements (Optional)

Title: _____ Hrs. Req. _____

GENERAL GRADUATION REQUIREMENTS

As a graduation requirement of the FCS major, a student must earn a minimum 2.5 GPA within the major, with a grade of C or higher in all major and support courses.

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|-----------------------------------|--|
| 1. 50% of crs in major area at UM | 5. 45 hr limit of non-traditional credit |
| 2. 30 hrs 300/400 at UM | 6. 6-hr sequence in history or literature |
| 3. 30 of last 40 hours at UM | 7. Capstone experience within major |
| 4. 64 hr limit from 2-year school | 8. 2.0 or higher UM GPA and in all major and minor areas |

Total Hours Required: 120

Total Hours Completed to Date: _____

Hours Remaining for Completion: _____

Hours Currently Registered: _____

Hours Remaining: _____