

2025-2026 Family and Consumer Sciences BA/BS Degree Plan

Student name: _____ UMID: _____ Date: _____
 Advisor name: _____ Concentration: **Human Development and Family Studies**



UNIVERSITY of
MONTEVALLO

The Purpose of General Education is to Gain:

- Knowledge of Human Cultures and the Physical and Natural World
- Intellectual and Practical Skills
- Personal and Social Responsibility
- Integrative and Applied Learning

Key Courses For General Education (47 hours)

- First Year Experience (3)**
 Choose: UM 101 or HNRS 101 3 _____
1. **Written Composition (6)**
 Choose: ENG 101 or 103. 3 _____
 Choose: ENG 102 or 104. 3 _____
2. **Humanities & Fine Arts (18)**
 Choose one: ENG 231, 233, 232 or 234.* 3 _____
 *Students must complete a six-hour sequence in either History or Literature. Students may complete both sequences.
 Choose: COMS 101 or 102. 3 _____
 Choose one Fine Arts: ART 100, 120, 220; MC 100, 325; MUS 121 or 122, 125, 211, 240, 255, 342, THEA 120 or 122, 123. 3 _____
 Choose one Humanities: AAS 200; ENG 231 or 233, 232 or 234; FRN 101, 102, 150, 201, 202, 250; SPN 101 or 103, 102 or 104, 150, 201, 202, 250; GER 101, 102, 201, 202; PHIL 110 or 111, 180, 220 or 221, 230, 280, 290; REL 110. 3 _____
 Choose two of the following (not used above):
 AAS 200, ART 100, 120, 220; ENG 231 or 233, 232 or 234; FRN 101, 102, 150, 201, 202, 250; SPN 101 or 103; 102 or 104, 150, 201, 202, 250; GER 101, 102, 201, 202; MC 100, 325; MUS 121 or 122, 125, 211, 240, 255, 342; PHIL 110 or 111, 180, 220 or 221, 230, 280, 290; REL 110; THEA 120 or 122, 123. 3 _____
3. **Natural Sciences & Mathematics (11)**
 Choose one lab science from two different disciplines:
 BIO 100, 105-107; CHEM 100-102, 121, 122; 4 _____
 ESCI 100; GEOL 110, 115; PHYS 100 or higher. 4 _____
 Choose MATH 147 or 154 (or MATH 144 or higher). 3 _____
4. **History, Social & Behavioral Sciences (12)**
 Choose one History: HIST 101, 103, 102 or 104.* 3 _____
 *Students must complete a six-hour sequence in either History or Literature. Students may complete both sequences.
 Choose: FCS 291. 3 **
 Choose: FCS 302. 3 **
 Choose one of the following: EC 231, 232; GEOG 231; HIST 101 or 103, 102 or 104; POS 200, 250; PSYC 201/202; SOC 101/102; SWK 203, 260, 322. 3 _____
5. **Personal Development (3)** 3 _____
 Choose one of the following: ART 250, 255; CS 161; ED 447; ES 200; FCS 281; EXNS 120; MATH 261; MIS 161; MUS 228.
- **Indicates requirement is satisfied in major course requirements.

Additional Requirements for Degree (7-12 hours)

Choose and complete only one requirement below:

Bachelor of Science Requirements (7)

Choose additional 7 hours in mathematics and/or science not used toward requirement #3 above.

_____ 3 _____ 3 _____

Bachelor of Arts Requirements (up to 12 hours)

Students must complete either:

- the second-year course sequence in ASL, FRN, GER, or SPN.
- OR the first-year course sequence in two different languages.

Other options to complete the BA requirements are found in the Bulletin.

_____ 3 _____ 3 _____
 _____ 3 _____ 3 _____

Major Course Requirements (49 hours)

- FCS 100 (Family & Consumer Science Seminar) 1 _____
 FCS 275 (Research Methods in Human Sciences) 3 _____
 FCS 281 (Introduction to Nutrition) 3 _____
 FCS 291 (Individual & Family Development) 3 _____
 FCS 302 (Dynamics of Family Relationships) 3 _____
 FCS 330 (Consumer Economics) 3 _____
 FCS 362 (Program Administration in HDFS) 3 _____
 FCS 386 (Family Policy) 3 _____
 FCS 391 (Child Development) 3 _____
 FCS 407 (Human Sexuality) 3 _____
 FCS 435 (Professional & Career Development) 3 _____
 FCS 465 (Parenting and Guidance) 3 _____
 FCS 490 (Family Life Education) 3 _____
 FCS 499 (Hum. Dev. & Family Studies Internship) 6 _____

CHOOSE TWO OF THE FOLLOWING:

- FCS 389 (Infant Development) 3 _____
 FCS 394 (Methods of Early Childhood Programs) 3 _____
 FCS 400 (Adolescence & Young Adult Development) 3 _____
 FCS 405 (Adult Development & Aging) 3 _____

Support Courses (6 hours)

- COMS 365 (Family Communication) 3 _____
 SPED 407 (Exc. Learners in P12/Sec. Classroom) 3 _____

General Electives (6-11 hours)

Minor Course Requirements (Optional)

Title: _____ Hrs. Req. _____

GENERAL GRADUATION REQUIREMENTS

As a graduation requirement of the FCS major, a student must earn a minimum 2.5 GPA within the major, with a grade of C or higher in all major and support courses.

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|-----------------------------------|--|
| 1. 50% of crs in major area at UM | 5. 45 hr limit of non-traditional credit |
| 2. 30 hrs 300/400 at UM | 6. 6-hr sequence in history or literature |
| 3. 30 of last 40 hours at UM | 7. Capstone experience within major |
| 4. 64 hr limit from 2-year school | 8. 2.0 or higher UM GPA and in all major and minor areas |

Total Hours Required: 120
 Total Hours Completed to Date: _____
 Hours Remaining for Completion: _____
 Hours Currently Registered: _____
 Hours Remaining: _____