

2025-2026 Family and Consumer Sciences BA/BS Degree Plan

Student name: _____ UMID: _____ Date: _____
 Advisor name: _____ Concentration: **Family and Consumer Sciences Education**



UNIVERSITY of
MONTEVALLO

The Purpose of General Education is to Gain:

- Knowledge of Human Cultures and the Physical and Natural World
- Intellectual and Practical Skills
- Personal and Social Responsibility
- Integrative and Applied Learning

Key Courses For General Education (44 hours)

- First Year Experience (3)**
 Choose: UM 101 or HNRS 101 3 _____
1. **Written Composition (6)**
 Choose: ENG 101 or 103. 3 _____
 Choose: ENG 102 or 104. 3 _____
2. **Humanities & Fine Arts (18)**
 Choose one: ENG 231, 233, 232 or 234.* 3 _____
 *FCS Education majors must complete the six-hour sequence in History. Students may also complete the Literature sequence.
 Choose: COMS 101 or 102. 3 _____
 Choose one Fine Arts: ART 100, 120, 220; 3 _____
 MC 100, 325; MUS 121 or 122, 125, 211, 240, 255, 342; THEA 120 or 122, 123.
 Choose one Humanities: AAS 200; ENG 231 or 233, 232 or 234; FRN 101, 102, 150, 201, 202, 250; SPN 101 or 103, 102 or 104, 150, 201, 202, 250; GER 101, 102, 201, 202; PHIL 110 or 111, 180, 220 or 221, 230, 280, 290; REL 110.
 Choose two of the following (not used above):
 AAS 200, ART 100, 120, 220; ENG 231 or 233, 232 or 234; FRN 101, 102, 150, 201, 202, 250; 3 _____
 SPN 101 or 103; 102 or 104, 150, 201, 202, 250; 3 _____
 GER 101, 102, 201, 202; MC 100, 325; MUS 121 or 122, 125, 211, 240, 255, 342; PHIL 110 or 111, 180, 220 or 221, 230, 280, 290; REL 110; THEA 120 or 122, 123.
3. **Natural Sciences & Mathematics (11)**
 Choose one lab science from two different disciplines:
 BIO 100, 105-107; CHEM 100-102, 121, 122; 4 _____
 ESCI 100; GEOL 110, 115; PHYS 100 or higher. 4 _____
 Choose MATH 147 or 154 (or MATH 144 or higher). 3 _____
4. **History, Social & Behavioral Sciences (12)**
 FCS Education majors must complete the six-hour sequence in History. Students may also complete the Literature sequence.
 Choose: HIST 101 or 103. 3 _____
 Choose: HIST 102 or 104. 3 _____
 Choose: FCS 291. 3 **
 Choose: FCS 302. 3 **
5. **Personal Development (3)**
 Choose: ED 427. 2 **

**Indicates requirement is satisfied in major course requirements.

Additional Requirements for Degree (7-12 hours)

Choose and complete only one requirement below:

Bachelor of Science Requirements (7)

Choose additional 7 hours in mathematics and/or science not used toward requirement #3 above.

_____ 3-4 _____
 _____ 3-4 _____

Bachelor of Arts Requirements (up to 12 hours)

Students must complete either:

- the second-year course sequence in ASL, FRN, GER, or SPN.
- OR the first-year course sequence in two different languages.

Other options to complete the BA requirements are found in the Bulletin.

_____ 3 _____ 3 _____
 _____ 3 _____ 3 _____

Professional Studies (21 hours)

- ED 402 (Secondary Students as Learners) 2 _____
 ED 407 (Current Trends in Teaching Exceptional and Diverse Learners) 2 _____
 ED 455 (Instructional Strategies I Literacy) 2 _____
 ED 441 (Teaching FCS at the Secondary Level) 1 _____
 EDF 462 (Evaluation in Secondary Education) 3 _____
 ED 450 (Instructional Strategies II Models) 3 _____
 ED 418 (Classroom Management) 3 _____
 ED 427 (Technology-Based Inst. Strategies) 2 _____
 EDI 499 (Intern Certification Preparation) 3 _____

Internship (9 hours)

- EDI 440 (Internship in High School) 9 _____

Teaching Field (43 hours)

- FCS 100 (Family and Consumer Sciences Seminar) 1 _____
 FCS 150 (Apparel Construction & Analysis) 3 _____
 FCS 170 (Introduction to Food Science & Prep.) 3 _____
 FCS 201 (Visual Merchandising) 3 _____
 FCS 265 (Fashion Fundamentals) 3 _____
 FCS 275 (Research Methods in Human Sciences) 3 _____
 FCS 281 (Introduction to Nutrition) 3 _____
 FCS 291 (Individual and Family Development) 3 _____
 FCS 302 (Dynamics of Family Relationships) 3 _____
 FCS 330 (Consumer Economics) 3 _____
 FCS 350 (Textiles) 3 _____
 FCS 400 (Adol. and Young Adult Development) 3 _____
 FCS 435 (Professional & Career Development) 3 _____
 FCS 477 (Quantity Foods) 3 _____
 FCS 491 (Methods & Materials in Teaching FCS) 3 _____

General Electives (none required)

Minor Course Requirements (Optional)

Title: _____ Hrs. Req. _____

GENERAL GRADUATION REQUIREMENTS

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|--|---|
| 1. 50% of crs in major area at UM | 6. 6-hr sequence in history or literature |
| 2. 30 hrs 300/400 at UM | 7. Capstone experience within major |
| 3. 30 of last 40 hours at UM | 8. All courses graded with a 'C' or higher |
| 4. 64 hr limit from 2-year school | 9. 2.75 or higher overall GPA, and in all teaching field and professional areas |
| 5. 45 hr limit of non-traditional credit | |

Total Hours Required: 124-129
 Total Hours Completed to Date: _____
 Hours Remaining for Completion: _____
 Hours Currently Registered: _____
 Hours Remaining: _____