



BS/MEd Coordinated Program in Dietetics

■ About Our Program

The EXNS Nutrition and Wellness Concentration offers students the opportunity to pursue acceptance into the BS/MEd Coordinated Program in Dietetics with the goal of becoming a Registered Dietitian Nutritionist (RDN) and completing a master's degree in Applied Instruction/Nutrition Science. Upon completion of the program, students may be eligible to sit for the Registered Examination for Dietitians through the Commission on Dietetic Registration (CDR) and enjoy a rewarding career in healthcare as the nutrition science and food expert. As a professional, an RDN may pursue work in areas such as:

- Clinical Nutritionist in a hospital
- RDN for a healthcare clinic/doctor's office
- Corporate Wellness RDN for a large company
- Research RDN at university medical center
- Community Nutritionist in public health
- RDN for a non-profit agency
- Food Service Management opportunities in the hospital, school, or industry

■ Admission Requirements (BS/MEd Coordinated Program)

To be considered for the application to the BS/MEd Coordinated Program in Dietetics you must meet the following criteria:

- Obtain at least a 2.75 overall GPA
- Complete all prerequisite academic requirements
- A "B" or above in all pre-requisite classes

■ Completion Requirements

All BS/MEd Coordinated Program students must complete 21 credit hours (1000 clock hours) of supervised practice classes. These classes will offer training and experience working with accomplished, qualified RDN's in various settings such as hospitals, clinics, schools, and public health agencies. Upon successful completion of all required academic and supervised practice classes, students will graduate with a BS in Exercise and Nutrition Science with a concentration in Nutrition and Wellness and a Master's Degree in Applied Instruction and concentration in Nutrition Science. Students successfully completing the BS/MEd Coordinated Program will receive a verification statement to be eligible to take the Registration Examination for Dietitians and become a Registered Dietitian Nutritionist (RDN)

■ Course Overview – Undergraduate

General Education Requirements

Major Course Requirements:

EXNS 170: Introduction to Food Science and Preparation (3)
EXNS 190: Survey of Kinesiology (2)
EXNS 210: Personal Health (3)
FCS 281: Introduction to Nutrition (3)
EXNS 310: Sports Nutrition (3)
EXNS 380: Physiology of Exercise (4)
EXNS 382: Foodservice Systems Management (3)
EXNS 471: Applied Research in Food Science (3)
EXNS 473: Human Nutrition and Metabolism I (3)
EXNS 474: Human Nutrition and Metabolism II (3)
FCS 477: Quantity Foods (3)
EXNS 483: Nutrition Care Process I (3)
EXNS 484: Nutrition Care Process II (3)
EXNS 485: Life Cycle and Community Nutrition (3)
EXNS 487: Counseling and Wellness (3)
EXNS 497: Pharmacology (3)

Required Support Courses:

BIO 300: Microbiology (4)
CHEM 102: Basic Chemistry II (4)
EXNS 373: Seminar in Dietetics (1)

BS Portion of Coordinated Program in Dietetics Track:

EXNS 465: Community Nutrition I Supervised Practice (3)
EXNS 467: Foodservice Management I Supervised Practice (3)
EXNS 469: Clinical Nutrition I Supervised Practice (3)
PSYC 300: Descriptive Statistics (3)

■ Course Overview – Graduate

Master's in Applied Instruction with Concentration in Nutrition Science Portion of Coordinated Program in Dietetics Track Requirements:

EXNS 566: Community Nutrition II Supervised Practice (4)
EXNS 568: Foodservice Management II Supervised Practice (4)
EXNS 570: Clinical Nutrition II Supervised Practice (4)
ED 500 Standards Based Instructions for Diverse Populations (3)
ED 503 Public and Community Resources (3)
ED 570 Selected Topics in Technology (3)
EDF 526 Assessment and Data Analysis for Program Improvement (3)
EDF 540 Applied Research (3)
EDF 620 Social and Multicultural Foundations (3)

■ For Additional Information

If you would like to learn more about earning a degree in this program, please contact us.

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(205) 665-6590

University of Montevallo ■ College of Education and Human Development

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For information regarding scholarships or financial aid, contact the University of Montevallo Student Financial Services at (205) 665-6050.

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