



Exercise and Nutrition Science, B.S.

The B.S. degree includes the following concentrations - Allied Health, Health Promotion, Nutrition & Wellness, Strength & Conditioning.

The department Chair for Exercise and Nutrition Science is Dr. Shawn Mitchell. You may contact Dr. Mitchell at smitch7@montevallo.edu

Transfer students seeking to select courses that most closely match the degree program in Exercise and Nutrition Science at the University of Montevallo should choose the following Alabama community college course options from the [AGSC Guide](#). A maximum of **sixty-four hours** of credit will transfer from a two-year college.

Area V - Pre-Professional, Major, & Elective Courses. Select up to 23 semester hours.

Select two additional 3 semester hour courses in [Area II](#).

Select BIO 201 – Anatomy and Physiology I
Select BIO 202 – Anatomy and Physiology II

Allied Health may also take the following:

BIO 104 – Principles of Biology II
CHM 105 – Intro to Organic Chemistry *or* CHM 112 – General Chemistry II

Health Promotion may also take the following:

HED 230 – Safety & First Aid *or* HED 231 – First Aid
General electives, up to 6 hours

Nutrition & Wellness may also take the following:

BIO 220 – Microbiology
CHM 105 – Introduction to Organic Chemistry

Strength and Conditioning may also take the following:

HED 230 – Safety & First Aid *or* HED 231 – First Aid
General electives, up to 6 hours

Please print this document and attach it to the Exercise and Nutrition Science Articulation Guide. Together, this document and the articulation guide comprise the articulation agreement for a major in Exercise and Nutrition Science at the University of Montevallo.

Student Signature: _____ Date: _____

University of Montevallo

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