



# Counseling, M.Ed.

## Couple and Family Counseling Track

### About Our Program

The Couple and Family track provides students with a solid foundation in family systems theory, systems counseling techniques, and current societal trends, thereby preparing them for work with individuals, couples, and families.

Successful completion of core courses in this track meets academic requirements for the LPC credential in Alabama and LMFT academic requirements.

The Counseling Program at the University of Montevallo is CACREP accredited.

### Admission Requirements

The admission requirements include:

- A bachelor's degree from a regionally accredited college or university.
- Official transcripts from each institution of higher education previously attended.
- A satisfactory score on either the MAT or the GRE. The test must have been taken within 5 years of the application date.
- A minimum GPA of at least 2.5 on all undergraduate work or 2.75 on the last 60 hours of undergraduate work attempted.
- A 4 to 6 paragraph long essay containing a brief statement of long range professional goals in counseling.
- An on campus group interview with counseling faculty and other applicants; this will be scheduled once the application is complete and has been screened for eligibility.
- There is no application deadline for the Counseling program. Completed applications for a particular cohort will be accepted until that cohort is filled. Students are encouraged to apply early to be considered for admission.

### Completion Requirements

- Successful completion of a comprehensive exam

### Course Overview

#### Core Courses (30 hours):

- EDC 502: Theories/Techniques of Counseling (3)
- EDC 515: Prepracticum in Interpersonal Skills (3)
- EDC 503: Assessment in Counseling (3)
- EDC 530: Professional, Ethical and Legal Issues In Counseling (3)
- EDC 550: Group Procedures in Counseling (3)
- EDC 557: Crisis Intervention & Trauma-Informed Counseling (3)
- EDC 570: Career and Lifestyle Development (3)
- EDF 580: Advanced Human Growth & Development (3)
- EDF 600: Applied Research in Education and Behavioral Sciences (3)
- EDF 620: Social and Multicultural Foundations (3)

#### Track Definition Courses (15 hours):

- EDC 517: Intimacy and Sexuality (3)
- EDC 527: Addicted Families (3)
- EDC 552: Collaborative Systemic Interventions for the Problems Of Children (3)

OR

- EDC 536 Family Life Skills & Consultation (3)
- EDC 556: Psychopathology (3)
- EDC 597: Couples and Family Counseling (3)

#### Clinical Instruction Courses (12 hours):

- EDC 541: Counseling Practicum (3)
- EDC 581: Counseling Internship (3) – 2 semesters

OR

- EDC 586: Counseling Internship (6) – 1 semester (6 hours total)
- EDC 582: Advanced Internship in CFC (3)

#### Elective (3 hours):

Any 500 level or above course related to the profession and approved by the advisor.

### For Additional Information

If you would like to learn more about earning a degree in this program, please contact us.

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