

# Judith A. Harrington, Ph.D.

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Updated Fall 2018  
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## Certification & Licensure

Licensed Professional Counselor, # 550, 1985 to present.  
Licensed Marriage and Family Therapist, # 141, 1998 (1<sup>st</sup> year license law enacted) to present.  
Certified Clinical Mental Health Counselor, #33315.  
National Certified Counselor, # 33315.  
Certified Alcohol & Drug Abuse Professional Counselor, # 237, 1995 to 2007.  
Certified Clinical Supervisor, # 051, ICRC (in the field of addiction counseling), 1995 to 2007.  
Supervising Counselor, Alabama Board of Examiners in Counseling, #37, 1996 to present.  
A.S.I.S.T. –trained in suicide intervention by Dr. Frank Campbell and Ms. Patty Rives (2005).  
Certified QPR Gatekeeper, QPR Institute.  
Approved Trainer: American Association of Suicidology and the Suicide Prevention Resource Center for the curriculum *Assessing and Managing Suicidal Risk for Clinicians and Employee Assistance Professionals*.  
AFSP-trained Suicide Bereavement Facilitator (May, 2008).  
Approved PREPARE / ENRICH Couples Counseling Provider.

## Employment

**ASSISTANT PROFESSOR, COUNSELING & LEADERSHIP, FULL TIME TENURE TRACK** 8/2013 – PRESENT  
*The University of Montevallo, Coordinator of the Couples, Marriage & Family Track eff. 8-1-14* Montevallo, AL  
Teach full time graduate students in Counselor Education and Educational Foundations in the College of Education, currently Assistant Professor, Providing traditional, hybrid, and online courses. Advise students and participate in University programs and services. Courses currently taught, Working with Suicidal Clients and their Families, Grief and Loss Counseling, Crisis Intervention and Trauma-Informed Counseling, Social and Multicultural Foundations, Family Consultation, Career Counseling and Development, Practicum, Internship, Pre-Practicum, and Group Counseling, and Family Systems Theory.

**LICENSED PROFESSIONAL COUNSELOR, LICENSED MARRIAGE & FAMILY THERAPIST** FULL TIME 1/1988-8/2013  
*Judith A. Harrington, Ph.D., P.C.* Birmingham, AL  
Counseling, Psychotherapy, Clinical Supervision, Consultation, Training & Development. Individual, couples, family, and group therapy. Specialization with clients: Trauma, grief and loss, eating disorders, substance abuse recovery, career and life/work planning, staff development, public speaking and presentations, breast cancer support group in association with St. Vincent's Hospital (4/98 to present), bereavement group for Survivors of Suicide for The Crisis Center (6/2000 to 9/2013), Weekly group therapy for the A-Center-for-Eating-Disorders (2/2009 to 3/2012).

**SUICIDE PREVENTION COORDINATOR** 8/1/2007 to 9/30/2008  
Serving as state suicide prevention coordinator for the Alabama Suicide Prevention Task Force through a joint partnership with The Crisis Center and The Community Foundation, benefactor. One year grant paid part-time position. See ASPTF below.

**CLINICAL DIRECTOR / SUPERVISOR** (part time / contract) 5/1999 to 4/2002  
*The Crisis Center, Inc.* Birmingham, AL  
Clinical supervision and staff development of staff in four program areas, including skills acquisition, clinical issues, ethical compliance, curriculum development & quarterly training of over 250 new community volunteers, development of in-services to volunteers and mental health professionals. Produced two statewide conferences on Suicide Prevention and on Violence Assessment. Public speaking and media appearances to promote public education. Clinical consultation to mental health professionals on suicide prevention and intervention. Supervision-of-the-supervisor training to program directors. Accountable to Executive Director, Executive Council, and United Way. Wrote a grant to inaugurate and implemented a new telephone counseling program, The Senior Talk Line, serving callers aged 65 and older. A thirty year affiliation with the Crisis Center of volunteering

and fund-raising since 1983. Currently the Bereavement Coordinator and grief group facilitator of the Survivors of Suicide bereavement group, 2000-2013.

**CLINICAL DIRECTOR** 11/1993-6/1994  
*Aletheia House Drug & Alcohol Treatment Center* Birmingham, AL  
Directed clinical services, quality assurance, program development, and clinical supervision for drug and alcohol dependency treatment programs and staff. Worked in compliance with Department of Mental Health regulations, promoted treatment-enhancing clinical supervision and varied supervision modalities, and developed and implemented procedures and practices for the clinical operation of the agency.

**CONSULTANT, EMPLOYEE BENEFITS** 9/1986-1/1988  
*Chappelle Consulting Group* Birmingham, AL  
Communicated employee benefits plan to 1750 employees of 60 southeastern corporations. Inside observation of varied industries and management cultures. Earned license in Health, Life, and Disability insurance, while developing a small part time private practice into a full time practice.

**COORDINATOR OF CAREER PLANNING & PLACEMENT** 11/1982-9/1986  
*Birmingham-Southern College* Birmingham, AL  
Performed all program management, career assessment and counseling duties. Hosted and coordinated four (including the first ever statewide) collaborative placement conference with two other colleges. Designed & taught many short career planning courses. Served traditional and non-traditional populations, all academic areas in the liberal arts.

**PLACEMENT COORDINATOR** 6/1980-11/1982  
*Spring Hill College* Mobile, AL  
Similar duties as at Birmingham-Southern College. Administered and carried out obligations to major Title III federal grant. Taught 3-credit hour course in Life / Work Planning. Administered obligations to Title III federal grant.

**ASSISTANT DEAN OF RESIDENCE** 8/1979-6/1980  
*St. Mary of the Woods College* Terre Haute, IN  
Comprehensive position addressed needs of freshmen. Handled all housing, orientation, and response to developmental needs. Trained Resident Assistants.

## Education

**DOCTOR OF PHILOSOPHY IN COUNSELOR EDUCATION** 1989-1994  
*The University of Alabama* Tuscaloosa, AL  
Emphasis in Rehabilitation Counseling, Minors in Marriage & Family Therapy, and Human Development, with a Research Proficiency. Dissertation: Codependency as a Function of Identity Development. **4.0 GPA IN MAJOR AND MINORS**, 3.968 GPA OVERALL. PRESIDENT OF GRADUATE STUDENT COUNCIL IN THE AREA OF COUNSELING AND EDUCATIONAL PSYCHOLOGY. ONE TIME SCHOLARSHIP AWARDED FROM THE AMERICAN MENTAL HEALTH COUNSELORS ASSOCIATION.

**MASTER OF SCIENCE IN COUNSELOR EDUCATION** 1980-1982  
*University of South Alabama* Mobile, AL  
Agency Counseling emphasis with electives in Personnel & General Systems Theory. **4.0 GPA OVERALL**.

**BACHELOR OF ARTS** 1975-1979  
*North Central College* Naperville, IL  
Major in Psychology. Minors in Education and Spanish. Numerous internships and honors. 3.25 GPA.

## Grant Activity

AWARDED: Burleson, R. succeeded by Cagle, B. (2016 to present). The Alabama Department of Public Health and Alabama Suicide Prevention and Resources Coalition SAMHSA-coordinated Garrett Lee Smith Youth

Suicide Prevention. **Awarded** 5 years. **Total funding budget pending** for 2016 - 2021. Functioning as a sub-grantee representing the Alabama Suicide Prevention and Resources Coalition (ASPARC) reporting to the Alabama Department of Public Health for this federal SAMHSA grant, Garrett Lee Smith Youth Suicide Prevention Grant.

AWARDED: Mysinger, C., Hodges, D., Harrington, J. A., & Coombs, D. (2011). The Alabama Department of Public Health and Alabama Suicide Prevention and Resources Coalition SAMHSA-coordinated Garrett Lee Smith Youth Suicide Prevention. Applied for \$1,500,000 / 3 years. **Awarded \$1,437,000** for 2013 - 2015. Functioning as a sub-grantee representing the Alabama Suicide Prevention and Resources Coalition.

NOT AWARDED: Talbott-Forbes, L., Harrington, J.A., & Coombs, D. (2009). University of Alabama at Birmingham Health Education, the UAB Center for Educational Accountability, and the Alabama Suicide Prevention Task Force. The SAMHSA-coordinated Garrett Lee Smith Youth Suicide Prevention grant. Applied for \$1,500,000. Not funded.

NOT AWARDED: Harrington, J.A., & Coombs, D. (2008). *A Pilot Study of Bereavement Counseling to Provide Access to Services for Survivors of Suicide*. American Foundation for Suicide Prevention. Applied for \$30,000. Not funded.

NOT AWARDED: Harrington, J.A., & Coombs, D. (2008). Alabama Suicide Prevention Task Force and the Crisis Center, Inc. The SAMHSA-coordinated Garrett Lee Smith Youth Suicide Prevention grant. Applied for \$1,500,000. Not funded.

AWARDED: Falligant, M. & Harrington, J. A. (2007). Community Foundation of Birmingham for funded staff position as Coordinator of the Alabama Suicide Prevention Task Force. Applied for \$18,000. **Awarded \$15,000 for one year, 2007-2008.**

National Suicide Prevention Lifeline (2012). Grant reviewer for SAMHSA-funded grants to crisis centers to develop disaster response coordinating centers, emerging from the Gulf Oil Spill disaster center model.

National Suicide Prevention Lifeline (2011). Grant reviewer for SAMHSA-funded grants to crisis centers developing chat and texting counseling service modalities for suicide prevention.

National Suicide Prevention Lifeline (2010). Grant reviewer for SAMHSA-funded grants to crisis centers and hospital emergency departments for follow-up care management and outreach to at-risk groups.

## Publications

Harrington, J. A., Andersen, R., Bertanthal, J., Brady, S., Field, T., Hall, S., Langer, K., Miller, J., Mobley, K., Otis, G., (Eds.). (in press). Biological bases of behavior. *American Mental Health Counselors Association Standards for the Practice of Clinical Mental Health Counseling*. Alexandria, VA: AMHCA.

Harrington, J. A., Andersen, R., Bertanthal, J., Brady, S., Field, T., Hall, S., Langer, K., Miller, J., Mobley, K., Otis, G., (Eds.). (in press). Substance use disorders and co-occurring disorders. *American Mental Health Counselors Association Standards for the Practice of Clinical Mental Health Counseling*. Alexandria, VA: AMHCA.

Harrington, J. A. (in press). Critical incident: Notifying mom or dad: Who ya' gonna call? In *Critical Incidents in School Counseling* (3<sup>rd</sup> ed.). Tyson, L.E., Wood, C., & Portman, T. A. (Eds.). Alexandria, VA: American Counseling Association.

Harrington, J. A., Andersen, R., Bertanthal, J., Brady, S., Field, T., Hall, S., Langer, K., Miller, J., Mobley, K., Otis, G., (Eds.). (2018). Trauma informed counseling. *American Mental Health Counselors Association Standards for the Practice of Clinical Mental Health Counseling*. Alexandria, VA: AMHCA.

- Harrington, J. A., Andersen, R., Bertanthal, J., Brady, S., Field, T., Hall, S., Langer, K., Miller, J., Mobley, K., Otis, G., (Eds.). (2017a). Aging and older adults standards and competencies. *American Mental Health Counselors Association Standards for the Practice of Clinical Mental Health Counseling*. Alexandria, VA: AMHCA.
- Harrington, J. A., Andersen, R., Bertanthal, J., Brady, S., Field, T., Hall, S., Langer, K., Miller, J., Mobley, K., Otis, G., (Eds.). (2017b). Child and adolescent standards and competencies. *American Mental Health Counselors Association Standards for the Practice of Clinical Mental Health Counseling*. Alexandria, VA: AMHCA.
- Harrington, J. A. (2017). New AMHCA standards strengthen mental health professionals' care. *AMHCA The Advocate Magazine*, 40, 4 (6-7).
- Harrington, J. A., & Daughhete, C. (2017). Crisis intervention. In B. Erford *Orientation to the counseling profession: Advocacy, ethics and essential foundations* (3<sup>rd</sup> Ed.). Columbus, OH: Pearson.
- Harrington, J. A. & Daughhete, C. (2017). Risk assessment and intervention: Suicide and homicide assessment. In Jackson-Cherry, L. & Erford, B. *Crisis assessment, intervention and prevention*. (3<sup>rd</sup> Ed.). Upper Saddle River, NJ: Pearson.
- Jackson, J., Parker, L., & Harrington, J. (2017). Counselor Professional Self-Care. In Jackson-Cherry, L. & Erford, B. *Crisis assessment, intervention and prevention*. (3<sup>rd</sup> Ed.) Upper Saddle River NJ: Pearson.
- Harrington, J. A., Andersen, R., Bertanthal, J., Brady, S., Field, T., Hall, S., Langer, K., Miller, J., Mobley, K., Otis, G., (Eds.). (2016). Integration of mental health and physical health services. *American Mental Health Counselors Association Standards for the Practice of Clinical Mental Health Counseling*. Alexandria, VA: AMHCA.
- Miller, J., Langer, K., Field, T., Brady, S., Harrington, J. & Otis, G. (Eds.) (2015). Technology assisted counseling. *American Mental Health Counselors Association Standards for the Practice of Clinical Mental Health Counseling*. Alexandria, VA: AMHCA.
- Harrington, J.A. (2013). *Understanding suicide prevention*. Alexandria, VA: American Mental Health Counselors Association, Professional Development Committee.
- Harrington, J. A. (2013). Contemporary issues in private practice: Spotlight on the self-employed mental health counselor. *Journal of Mental Health Counseling*, 35, 3, 189-195.
- Pearson, Q. M. & Harrington, J. A. (2013). Special edition: Contemporary issues in private practice. *Journal of Mental Health Counseling*. Guest Editor.
- Harrington, J. A., & Daughhete, C. (2013). Suicide and homicide. In L. Jackson-Cherry & B. Erford (Eds.), *Crisis: Intervention and prevention 2nd Edition* (Chapter 5). Upper Saddle River, NJ: Pearson.
- Tyson, L. E. & Harrington, J. A. (2012). Special edition: Suicide prevention, intervention, and postvention with Youth, Adults and the Elderly. *Alabama Counseling Association (ALCA) Journal*. Guest Editor.
- Coombs, D., Harrington, J. A. & Talbott, L.L. (2010). Youth suicides in Alabama: A focus on gun safety. *Alabama State Association for Health, Physical Education, Recreation, and Dance Journal* 31(1)31-35 .
- Harrington, J. A. (2008). Website contributor and resource contact person for state suicide prevention with technical assistance from Jennifer Sumner, [www.adph.org/suicideprevention](http://www.adph.org/suicideprevention). Alabama Department of Public Health.
- Coombs, D. & Harrington, J. A. (2008). State-Sponsored Garrett Lee Smith Youth Suicide Prevention and Intervention Grant Application through SAMHSA Grants Management, TBA.
- Tyson, L., Harrington, J. A. & Culbreth, J. (Eds.). (2008). *Critical incidents in clinical supervision*. Alexandria, VA: American Counseling Association.

- Harrington, J. A. & Bartlett, M. (2006). *Special curriculum and train the trainer kit for the Alabama Suicide Prevention Task Force Speakers Bureau presentation to the general public*. Alabama Task Force on Suicide Prevention.
- Harrington, J. A. (2006). Answering the call: Responding to youth suicide. In *Children for our Future: Alabama Child Death Review System Report*. Editors: Dr. Donald E. Williamson, M.D., State Health Officer, State of Alabama; and the Alabama Child Death Review System.
- Harrington, J. A. (2004). *100 + Things I can do to prevent suicide*. For Governor's Proclamation Ceremony, Montgomery, Alabama.
- Harrington, J. A. & Pearson, Q. (2003-2004). Co-editors of the Newsletter for the Southern Association of Counselor Education and Supervision.
- Harrington, J. A. (2004). Response to leader confrontation. In *Critical Incidents in Group Counseling* (pp. 247-253) Tyson, L.E., Perusse, R. & Whitley, J. (Eds.). Alexandria, VA: American Counseling Association.
- Harrington, J. A. (2000). A millenium of oppression: Rape revisited. *21<sup>st</sup> Century Woman, volume 1, premiere issue*.
- Harrington, J. A. (1999). The Eloquent Counselor (column). *The Quarterly*, April-May issue.
- Harrington, J. A. (1998). The evolving patient-physician relationship: Perspectives on health care and biomedical research. In S. Giorgianni & N. Plese (Eds.). *The Pfizer Journal*. New York, New York: Impact Communications.
- Editorial Review Board. *Alabama Journal of Counseling and Development*, 1994-1998.
- Harrington, J. A. (1998). Clinical supervision in practice. *The Advocate* [a publication of the American Mental Health Counselors Association] June/July issue.
- Harrington, J. A. (1996). Clinical supervision and mental health counselors: Dynamic duos. *The Quarterly*, [a publication of the Alabama Counseling Association]. Fall issue.
- Harrington, J. A. (1994). The other point of view: Rejoinder to Bill W. on spirituality. *Alabama Association for Drug and Alcohol Abuse The Professional*.
- Harrington, J. A. (1992). Counselor certification: A review of the NCC, CRC, and the CCMHC and issues which affect counselors' selection. *Alabama Association for Counseling and Development Journal*, 18, 38-44.

## University Teaching

**Addicted Families**, *University of Montevallo*, Department of Counseling & Leadership, 3 Graduate semester hours, Summer, 2016, 2017, 2018.

**Career Counseling Skills for the Clinical Practitioner**, *University of Alabama at Birmingham/UAB Special Studies*, .7 Continuing Education Units, May, 1997, June, 1995.

**Career Exploration**, *University of Alabama*, Department of Counselor Education, 3 Undergraduate level semester hours, Fall and Spring, 1990-91.

**Career and Lifestyle Counseling**, *University of Montevallo*, Department of Counseling & Leadership, 3 Graduate semester hours, Fall, 2013, Summer, 2014, Summer, 2015.

**Clinical Supervision**, *Jacksonville State University*, Department of Counselor Education, 3 Graduate level semester hours (Ed.S. level), Fall, 2003; Fall, 2005.

**Community Counseling**, *University of Montevallo*, Department of Counselor Education, 3 Graduate level semester hours, Fall, 2001.

**Couples & Family Counseling**, *University of Montevallo*, EDC 597, Department of Counselor Education, 3 Graduate level semester hours, Fall, 2014, 2015, 2016, 2017, 2018.

**Counseling Strategies for Marital Relationships**, *The University of Alabama*, Department of Counselor Education, 3 Graduate level semester hours, Spring, 1995.

**Counseling Strategies for Family Relationships**, *The University of Alabama*, Department of Counselor Education, 3 Graduate level semester hours, Spring, 2012.

**Crisis Intervention and Trauma-Informed Counseling**, *University of Montevallo*, Department of Counselor Education, 3 Graduate level semester hours, Spring terms, 2015, 2016, 2017, 2018. Summer terms, 2015, 2016, 2017, 2018.

**Diagnosis and Treatment using the DSM-IV-TR**, (ECG 540) *Jacksonville State University*, Department of Counselor Education, 3 Graduate level semester hours, Spring, 2004; Spring, 2006, Fall, 2006. Also taught similar course (SW 515, Psychopathology) for *The University of Alabama School of Social Work* with Co-Instructor Ms. Shelia Blackshear, Summer, 2006. *University of Alabama at Birmingham*, ECG 650, **Assessment and Diagnosis of Mental Disorders**, Summer, 2011.

**Family Life Skills and Consultation**, *University of Montevallo*, Department of Counseling & Leadership, 3 Graduate semester hours, 2014, 2015, 2016, 2017, 2018.

**Grief and Loss Counseling**, *University of Montevallo*, EDC 526, Department of Counseling & Leadership, 3 Graduate semester hours, Fall, 2013, 2014, 2015, 2016, 2017, 2018.

**Group Counseling**, *University of Alabama at Birmingham*, Department of Counselor Education, 4 Graduate level quarter hours, Summer, 1996.

**Group Procedures in Counseling**, (ECG 593) *Jacksonville State University*, Department of Counselor Education, 3 Graduate semester hours, Spring, 2004; Spring, 2007; Summer, 2007; Fall, 2004; Fall 2010. **Advanced Group Procedures in Counseling**, (ECG 646), Spring 2010, Spring 2011.

**Group Procedures in Counseling**, *University of Montevallo*, Department of Counseling & Leadership, 3 Graduate semester hours, Fall terms, 2014, 2015, 2016, 2017, 2018. Summer terms, 2015, 2016, 2017, 2018.

**Internship in Counseling**, *University of Montevallo*, Department of Counseling & Leadership, 3 Graduate semester hours, Fall, 2013, Spring, 2014. Summer, 2015,

**Intimacy & Sexuality**, *University of Montevallo*, Department of Counseling & Leadership, 3 Graduate semester hours, Spring, 2015, 2016, 2017, 2018.

**Intimate Relationships**, *The University of Alabama*, Department of Human Development, 3 Undergraduate level semester hours, Fall, 1996; Fall, 1995.

**Introduction to Counseling**, *Jacksonville State University*, Department of Counselor Education, 3 Graduate level semester hours, Fall, 2004.

**Introduction to Couples and Family Counseling**, *University of Alabama at Birmingham*, Department of Counselor Education, 3 graduate semester hours, Summer, 2010, 2011, 2012, 2013.

**Life Work Planning**, *Spring Hill College*, 3 Undergraduate semester hours, Spring and Fall, 1981-82.

**Models and Methods For Clinical Supervision of Counselors**, *University of Alabama at Birmingham /UAB Special Studies*, .7 Continuing Education Units, May, 1997; July, 1996; August, 1995.

**Multicultural Counseling**, *Jacksonville State University*, Department of Counselor Education, 3 Graduate level semester hours, Fall, 2004. *University of Montevallo*, Department of Counseling & Leadership, 3 Graduate semester hours, Spring, 2014.

**Practicum I**, *University of Alabama*, Department of Counselor Education, 3 Graduate level semester hours, Spring and Fall, 1993.

**Pre-Practicum in Interpersonal Skills**, EDC 515, *University of Montevallo*, Department of Counselor Education, 3 Graduate level semester hours, Fall, 1999, 2014, 2015 (2x), 2016 (2x), 2017 (2x), 2018.

**Practicum II**, *University of Alabama at Birmingham*, Department of Counselor Education, 4 Graduate level quarter hours, Spring, 2000; Winter, 1999; Winter, 1998; Fall, 1997; Spring and Summer 1993. *Jacksonville State University*, ECG 585, Fall, 2006. *University of Montevallo*, Department of Counseling & Leadership, 3 Graduate semester hours, Fall, 2013, Spring, 2014.

**Skills Development** (Practicum I), ECG 525, *Jacksonville State University*, Department of Counselor Education, 3 Graduate level semester hours, Summer, 2004.

**Societal Issues in Counseling**, *University of Alabama at Birmingham*, Department of Counselor Education, 4 Graduate level quarter hours, Fall, 1995; Spring, 1995; Fall, 1994.

**Suicide Prevention, Intervention, and Postvention** (Special Topics in Counseling ECG 691, ECG 631 as of 2010 official curriculum), *University of Alabama at Birmingham*, Department of Counselor Education. Graduate level 3-credit semester hours, Fall 2008; Fall 2009; Fall, 2010, Fall, 2011.

**Suicide: Clinical Work with Suicidal Clients and Families**, EDC 546, *University of Montevallo*, Department of Counselor Education, 3 Graduate level semester hours, Spring 2011, 2012, 2013, 2014, 2015, 2016, 2017, 2018.

**Testing and Assessment in Counseling**, *University of Alabama at Birmingham*, Department of Counselor Education, 4 Graduate level quarter hours, Spring, 1996.

**Theories and Techniques of Counseling**, *University of Alabama at Birmingham*, Department of Counselor Education, 4 Graduate level quarter hours, Summer, 1997; Summer, 1993.

## Awards & Accomplishments

**The Distinguished Professional Service Award.** 2015. Awarded by The Alabama Counseling Association (ALCA) for service that promotes the profession of counseling in the state, regionally, and nationally. Nominated by the Alabama Association for Counselor Education and Supervision.

**Outstanding Practitioner of the Year, 2013**, National award bestowed by the Chi Sigma Iota International Counseling Honorary Society. Presented at the American Counseling Association national conference, Cincinnati, OH.

**University of Alabama at Birmingham Counselor Education Hall of Fame Inductee.** 2009-2010.

**Mental Health Counselor of the Year, 2007.** National award bestowed by the American Mental Health Counselors Association at its national conference in New Orleans, LA.

**Outstanding Practitioner of the Year, 2006.** Awarded a statewide award for best clinical practitioner by the Alabama Association of Counselor Education and Supervision, Alabama Mental Health Counselors Association, Chapter IV of the Alabama Counseling Association. November 14, 2006. Inaugural year for this award and first recipient.

**Approved Trainer for the American Association of Suicidology / Suicide Prevention Resource Center.** 2006. Selected as one of 14 applicants nationwide (among physicians, psychologists, social workers, and other MH professionals) for a state-of-the-art Best Practices Curriculum to become an Approved Trainer. Washington, D.C.

Funded by SAMSHA, trainers Dr. Lanny Berman, President of AAS, Dr. David Litts, Director of SPRC, Dr. Shawn Shea, Director of Training Institute for Suicide Assessment and Clinical Interviewing, and video instruction Dr. David Jobes, Catholic University. March 29-31, 2006.

**The Distinguished Professional Service Award.** 2005. Awarded by The Alabama Counseling Association (ALCA) for service that promotes the profession of counseling in the state, regionally, and nationally. Nominated by the Alabama Mental Health Counselors Association.

**The Wilbur Tinchler Humanitarian and Caring Person Award.** 2002. Awarded by The Alabama Counseling Association (ALCA) for its highest honor. Nominated by the Alabama Association of Specialists in Group Work.

**The Senior Talk Line.** Wrote and was awarded (to The Crisis Center) a three-year competitive grant to inaugurate a telephone counseling program and elderly reassurance program for senior citizens. Formed a Senior Talk Line Advisory Committee and hired a coordinator. 2000.

**Southern ACA Branch, 1<sup>st</sup> Runner-up** recognition to ALCA for program initiatives and model in Leadership Development for emerging leader initiatives within ALCA.

**Professional Development Award,** 1999. Awarded by ALCA for service to the profession. Nominated by the Alabama Association of Specialists in Group Work.

**Nominated for the Jean H. Cecil Award for Distinguished Counselor Educator,** 1998. Nominated by the Alabama Association of Career Development.

**Nominated for the Research Award,** 1998. Nominated by the Alabama Association of Career Development.

**American Mental Health Counselors Association (AMHCA) National Scholarship Winner.** One of two students nationwide to earn this doctoral scholarship 1992.

**Outstanding Graduate Student in Counselor Education** awarded April 15, 1994 by The University of Alabama College of Education.

**Graduate Student Advisory Council,** appointed by department chair, 1990, elected president by council, 1991.  
**Lifetime Member of Alabama College & Placement Association.** 1986.

## Leadership in the Counseling Profession

**AMERICAN MENTAL HEALTH COUNSELORS ASSOCIATION (AMHCA),** Appointed Committee Member to the Professional Development Committee, now renamed as Advancement for Clinical Practice Committee (ACPC) 9/2012 to present. Chair, 2013 to present. Guide the committee in the development of webinars, clinical practice briefs, coordination with the Ethics and the Diplomate committee, and revise the Professional Standards for Clinical Mental Health Counseling. Committee comprised of 4 AMHCA past presidents and other member/leaders. Serve as Lead Editor on the revision of the Standards 2017-present.

**ALABAMA SUICIDE AND PREVENTION RESOURCE COALITION (ASPARC)** 6/2010 to present. President, 2010-2011, re-elected 2011-2012; Vice President, June to October, 2010. ASPARC grew from the original task force (ASPTF, below) to become a 501c3 non-profit corporation. With Task Force and ASPARC members, wrote the Alabama State Suicide Prevention Strategy, promote suicide prevention with allied members from all sectors (government, clinical, education, community, survivors of attempts and of loss, etc. Contribute to and audit resources for the state prevention website, [www.adph.org/suicideprevention](http://www.adph.org/suicideprevention). Developed a brochure, produced the annual conferences (2010 and 2011 and assisted with all years), and ongoing communication with members and member management.

**THE JASON FLATT ACT SUICIDE PREVENTION ADVISORY COMMITTEE,** 2016-2017. Appointed to this committee by the Alabama State Department of Education Prevention Division with the goal of advising the development and the implementation of the Jason Flatt Act Youth Suicide Prevention legislation (May, 2016). Final product developed, a curriculum, product resources, and Resource Directory for distribution to all educators in K-12



schools. Final products available at [www.asparc.org](http://www.asparc.org) see Resource Directory > Educators. The committee met at least six times for a total of 12 days through February 2017.

**ALABAMA ASSOCIATION OF MARRIAGE & FAMILY THERAPISTS (ALAMFT)**, Elected to three-year Division I board position. Responsible for developing and producing three annual two-day conferences. 2014 to 2018. In 2018, conference success was measured by double attendance any earlier conferences and revenue for the association at \$15,000.

**SAMHSA NATIONAL SUICIDE PREVENTION LIFELINE (NSPL)**, Appointed Committee Member to the Standards, Training & Practices Committee, 8/2008 to 2013. Studied professional development initiatives for implementation with 100 NSPL network crisis centers with an emphasis on evidence-based practices.

**ALABAMA TASK FORCE ON SUICIDE (ASPTF)** 2004-6/2010.  
Clinical representative and advocate for survivors on a large committee with representatives from the Alabama Department of Public Health, the Alabama Department of Mental Health, and Prevention Injury, etc. The task force is committed to following through on the “call to arms” in suicide prevention developed by Dr. David Satcher, former U.S. Surgeon General.

**ALABAMA COUNSELING ASSOCIATION (ALCA)**  
**Secretary.** 2001-2002. Elected position.  
**Professional Standards Committee Chairperson.** 2000-2001. Appointed position.  
**Leadership Development Chairperson.** 1999-2000. Appointed position.  
Member of many divisions including ALAMCD, ALCCA, ALASGW, etc.

**ALABAMA ASSOCIATION OF COUNSELOR EDUCATION AND SUPERVISION (ALACES)**  
**President, President-Elect, Past President.** 2001-2004. Elected position.  
**Program Chair,** 2001-2002. Developer of day-long workshop featuring Dr. James Benshoff as keynote, along with three other content sessions.  
**Board Member at Large** 2000-2001. Elected position.  
**Secretary.** 1997-1998. Elected Position.  
Recognized by SACES as **State Chapter of the Year by SACES**, in 2003 for service conducted during presidential term of 2002-2003.

**SOUTHERN ASSOCIATION OF COUNSELOR EDUCATION AND SUPERVISION (SACES)**  
**Supervision Interest Network Co-Chair** with Dr. Lori Brown, 2006-2007.  
**Long Range Planning Committee Chair.** 1999-2001. Appointed position. Committee member. 1997-1998.  
**Newsletter Co-Editor** with Quinn Pearson, 2003-2004. Appointed position.

**ALABAMA MENTAL HEALTH COUNSELORS ASSOCIATION (ALMHCA)**  
**President, President-Elect, Past President.** 1996-1999.  
**Program Chair,** 1996-1997, Program: “How to Survive without Managed Care and other Burnout Factors,” with Dr. Janet Pipal presenter, among other content sessions.  
**Chair of Continuing Education & Professional Development,** 1999-2003  
**The ALCA Journal Reviewer**  
**Treasurer,** 1992-1996  
**ALMHCA Membership Chair,** 1990-1991

**BIRMINGHAM SOCIETY FOR TRAINING & DEVELOPMENT Vice President of Membership.** 1988-89.

**COALITION OF MENTAL HEALTH SERVICE PROVIDERS** Also known as InterAction. **Treasurer** 1993-1996. Lobbyist and strategies group representing licensed professional counselors, clinical social workers, and psychiatric clinical nurse specialists.

**COLLEGE PLACEMENT COUNCIL** Legal and Governmental Affairs Committee, national. 1986-1987.  
General membership 1980-1987.

**SOUTHERN COLLEGE PLACEMENT ASSOCIATION (SCPA).** **Program Development Chair** Annual

Conference Board Member, Developed three dozen content sessions for and by college placement counselors and employment placement specialists for regional convention. 1986-1987 General membership 1980-1987.

**ALABAMA COLLEGE PLACEMENT ASSOCIATION (ACPA).** President, Vice-Pres., Treasurer, 1981-1987. General membership, 1980-1987.

## University and Community Service

### UNIVERSITY OF MONTEVALLO

**Faculty Senate.** Substituted for Dr. L. Parker during her absence, Fall 2017.

**Staff Senate.** Served on this “committee duty” for Dr. L. Parker during her absence, Fall 2017.

**Long Range Planning Committee, 2017 to present.** This committee has not needed to meet, but I remain ready when they convene.

**Guest Lectures.** Dr. Jason Newell’s classes, 2016, 2017, two per year. Dr. Claire Edwards’ class, 2017. Dr. Greg Longo’s class, 2017.

**QPR Training to Resident Advisors and Hall Directors staff.** 2017 and previous years when requested.

**Montevallo High School Simulated Interviews in conjunction with Family Sciences Program coordination.** 2018 and 2016.

**Graduate School Fair, hosted by Family Sciences Program,** 2018, 2017, 2016. Representing Counselor Education Program.

**ST. VINCENT’S / BRUNO CANCER CENTER BREAST CANCER SUPPORT GROUP** 1998-present.  
Facilitator of monthly support group to recent and long-term breast cancer survivors (men and women). Speaker meetings and group process meetings. 15-30 average attendance.

**BIRMINGHAM AREA GRIEF AND BEREAVEMENT CONSORTIUM** 2004 to 2013.  
Quarterly meetings with area-wide bereavement specialists. Provided a four county grief response community meetings in the months following the 4/27/2011 tornadoes which killed over 250 persons.

**FOR THE CAUSE / ADVENTURES FOR THE CAUSE** 2008 – 2009 when decision to un-incorporate.  
Non-profit Board for Breast Cancer Survivors and their families.

**THE CRISIS CENTER** 1983-2013.  
A long-term advocate of the Center’s work in roles of volunteer, trainers bureau, Executive Board member until taking a leave of absence from it in order to serve as contract clinical director following the departure of a key employee. Survivors of Suicide Bereavement Group, with co-facilitator/bereavement coordinator. (2000-present.) Long Range Planning Committee Chair (1997-1999). Volunteer Relations Chair (1994-1997). Volunteer, Trainer, Speakers’ Bureau (1983-1986).

**LAWSON STATE COMMUNITY COLLEGE ADVISORY COUNCIL** 1997-2000

**THE AMERICAN CANCER SOCIETY** 1983-1984  
Jefferson County Director of “I CAN COPE” Program, 1983-1984

**COMMUNITY KITCHENS BOARD MEMBER** 1986-1987  
Coordinated food and volunteer commitments for Holiday meals for 100+ citizens.

**STEWARDSHIP CAMPAIGN DIRECTOR** 1986-1987  
Raised several thousand dollars as Chair of church fund drive.

**WOMEN’S BUSINESS OWNERSHIP COUNCIL** 1989-1990

**COALITION AGAINST PREJUDICE** 1985-1997  
Charter member of NCCJ prejudice reduction initiative that became the Alabama Chapter of the National Coalition Building Institute. Numerous presentations and in-services on how to interrupt prejudice against any group. Attended NCBI national training institute in Boston, 1988.

# Presentations & Consultations- Peer Review or Invited\*

## NATIONAL

Harrington, J. (2018). Sole presenter on behalf of and Chair of the Advancement for Clinical Practice Committee (ACPC) at the American Mental Health Counselors Association Annual Conference. Orlando, FL.

\* Harrington, J. (2017, November 7). *Suicide Knowledge and Skills Refresher Course*. 7-hour workshop sponsored by Boston University School of Medicine. Boston, MA.

\* Harrington, J. & Bertenthal-Smith, J. (2017, July 28). *AMHCA's Advancement of Clinical Practice Committee's Programs On Behalf Of The Profession*. American Mental Health Counselors Association national conference, Washington, DC.

\* Harrington, J. (2017, August 2). *Constructing Innovative Rituals in Counseling: Considerations for Counselors, Clinical Supervisors, & Counselor Educators*. Webinar presentation sponsored by Education Management Systems. 1 hour.

\* Miller, J., Otis, G., Brady, S., & Harrington, J. September 2016, *National AMHCA-sponsored webinar on Integrated Health Care Standards, Knowledge and Skills Best Practices*. American Mental Health Counselors Association national webinar, Served as webinar Moderator.

\*Harrington, J. A., Miller, J., Langer, K., Fields, T., Brady, S., Bertenthal-Smith, J. (2016). *Update from the Advancement for Clinical Practice Committee*. American Mental Health Counselors Association national conference, New Orleans, LA.

\*Harrington, J. A. (2015, July 10). *Reviewing Suicide Risk Assessment Competencies, Elements, Resources and Approaches*. American Mental Health Counselors Association national conference, Philadelphia, PA.

\*Harrington, J. A., Miller, J., Langer, K., Fields, T., Brady, S., Bertenthal-Smith, J. (2015, July 11). *Technology Assisted Counseling (TAC) Standards for Clinical Mental Health Counselors: Update from the Advancement for Clinical Practice Committee*. American Mental Health Counselors Association national conference, Philadelphia, PA.

\*Harrington, J. A. (2014, September 16). National Webinar: *A Bridge to Safety- Implementing Suicide Prevention Best Practices Introduction on the Magnitude of the Problem and Best Practices in Assessment and Treatment for Persons At-Risk for Suicide or Suicide Attempts*. American Mental Health Counselors Association.

\*Harrington, J. A. (2014, October 7). National Webinar: *A Bridge to Safety- Implementing Suicide Prevention Best Practices Best Practices in Post-vention and Case Management Following Suicide Attempts*. American Mental Health Counselors Association.

Harrington, J. A., Brady, S., Bertenthal-Smith, J., Langer, K., Mobley, K., Barclay, L., Otis, H. G., Field, T., Miller, J. E. (2014). *Update from your AMHCA Advancement of Clinical Practice Committee*. American Mental Health Counselors Association national conference, Seattle, WA.

\* Harrington, J. (2014). *Preventing suicide among our youngest: Youth suicide*. National Treatment Alternatives to Street Crimes (TASC) Conference, Birmingham, AL. 90 minutes.

\* Harrington, J. (2014). *Suicide prevention and intervention revisited: Focus on adults..* National Treatment Alternatives to Street Crimes (TASC) Conference, Birmingham, AL. 90 minutes.

Brady, S., Barclay, L., Otis, G., Harrington, J., Mobley, K., & Langar, K. (2013). *Professional Development Committee updates: White papers, member services, technology in counseling*. American Mental Health Counselors Association Annual Conference.

\* Harrington, J. A. (2012). *Suicide prevention, intervention, and postvention*. Invited as one of two pre-conference institute training sessions for the national conference of the American Mental Health Counselors Association. Orlando, Florida. 4.5 hours.

\* Campbell, A., Crawford, N., Harrington, J., Magnuson-Whyte, A., Walker, S. (2012). *Warriors and their families: Adjusting to pressures and transitions*. American Mental Health Counselors Association. Orlando, FL.

\* Harrington, J. A. (2007). *Counselor education and supervision, private practice and best practices*. American Counseling Association National Conference as an invited Association of Counselor Education and Supervision speaker. Detroit, Michigan. 1.5 hours.

\* Pearson, Q. & Harrington, J. A. *Supervision training for practitioners: Clinical strategies and applied practices*. American Mental Health Counselors Association Annual Conference, Philadelphia, PA. 2 days.

Harrington, J. A., (2000, April). *Clinical supervision made easier*. Twenty-fourth Annual Convening of Crisis Intervention Personnel, Chicago, IL.

Harrington, J. A., (1999, October). *Constructing innovative rituals in counseling: Implications for counselor educators and programs*. Association of Counselor Education and Supervision Tri-Annual Convention, New Orleans, LA.

\* Multiple presenters, (1998, June). *Pfizer International and Impact Communications, Blue ribbon panel discussion on the physician / patient relationship*. Day long think tank that was produced into a medical humanities initiative journal. Boston, MA.

Willis, S. & Harrington, J. A., (1997, May). *Clinicians' perceptions of the relationship between child sexual abuse and bulimia*. Poster session presented at the American Psychological Society, Washington D.C.

Harrington, J. A. & Ingram, J. A., (1995, April). *Developing therapeutic rituals in crisis intervention*. Content session presented at the Nineteenth Annual Convening of Crisis Intervention Personnel, Chicago, IL.

Harrington, J. A. & Cuty-Ruiz, L., (1994, January). *Perspectives from doctoral students: One model for counselor training in group counseling*. Association for Specialists in Group Work National Convention, St. Petersburg, FL.

Harrington, J. A., (1994, January). *Twelve step programs: Clinical considerations for practitioners*. Association for Specialists in Group Work National Convention, St. Petersburg, FL.

Harrington, J. A., (1994, May). *Constructing innovative and therapeutic rituals in the recovery process*. Content session presented at the Alcohol & Drug Problems Association of North American National Women's Issues Conference, St. Louis, MO.

Harrington, J. A., (1993, March). *Devoted or disdainful: A review of the literature on twelve step programs*. American Counseling Association Annual Convention, Atlanta, GA.

## **SOUTHEASTERN REGIONAL**

Neuer Colburn, A., & Harrington, J. A. (2014). *Tell or don't tell: Self-disclosure in counseling, teaching, and supervision*. Southern Association for Counselor Education and Supervision Regional Conference. Poster session. Birmingham, AL.

Harrington, J. A. (2014). *Suicide prevention, intervention, and postvention: Brief refresher course*. Southeast Region National Rehabilitation Association Conference, Perdido, AL. 90 minutes.

Harrington, J. A. & Webb, S. (2004, September). *The joys and challenges of adjunct instruction*. SACES Annual Conference, Athens, GA.

Anonymous, & Harrington, J. A., (2003, September). *Suicide bereavement & lessons learned from the mental health field*. Southern Association of Counselor Education and Supervision Annual Conference, Chattanooga, GA.

Harrington, J. A. & Williams, G., (2003, September). *More on metaphors: Linking awareness and application*. Southern Association of Counselor Education and Supervision Annual Conference, Chattanooga, GA.

Harrington, J. A., (2001, October). *Being in the present: Parallel process revisited*. Southern Association of Counselor Education and Supervision Annual Conference, Athens, GA.

Multiple presenters, (2001, October). *A statewide systematic approach to training counseling supervisors (with 9 other presenters)*. Southern Association of Counselor Education and Supervision Annual Conference, Athens, GA

Multiple presenters, (2001, October). *Four strategies for preventing counselor self-disclosure in sessions (as part of idea exchange)*. Southern Association of Counselor Education and Supervision Annual Conference, Athens, GA.

Boes, S., Harrington, J. A.; Pearson, Q., & Cobia, D., (1998, October). *The Alabama Model: An example of state association educator/supervisor collaboration*. Southern Association of Counselor Education and Supervision Annual Conference, Montgomery, AL.

Harrington, J. A.; Williams, G., Wood, D., McRae, C., (1998, October). *Three settings, a supervision experience and a license: Certified counselors associate reflect on the process of seeking a license*. Southern Association of Counselor Education and Supervision Annual Conference, Montgomery, AL.

Jackson, S., Harrington, J. A., & Phillips, B., (1985, October). *Counseling center metaphor a general store: General systems theory applied*. Content session presented at the Southeastern Consortium for College Counselors in Charleston, SC.

## **STATE**

Harrington, J. A. (2018). *Stigma that complicates suicide postvention*. Alabama Suicide Prevention and Resources Coalition Annual Conference (6/1/18).

Harrington, J. A. (2018). *Suicide prevention and intervention refresher course*. St. Clair County D.A.Y. Program. (4/2/18). 2 hours.

Sweatt, S., & Harrington, J. A. (2018). *Ethics considerations for "citizen therapists."* University of Montevallo Ethics Workshop (4/13/18).

Harrington, J. A. (2017). *Suicide postvention for mental health professionals, clergy, and funeral home professionals*. Day long conference sponsored by the Community Grief Support Services agency. 6 hours.

Harrington, J. A. (2017). *Clinical supervision refresher course: Abuse of power and trauma informed principles in the course of providing clinical supervision*. Alabama Marriage & Family Therapy Association. (presented for two hours while also producing the day long conference.)

Harrington, J. A. (2016). *Grief and loss among children of divorce*. Sponsored by the Alabama School Counselors Association, Birmingham, AL. Two 1-hour sessions. 50 in attendance.

Harrington, J. A. (2016). *Mental health, guns and suicide: Assessment and interventions tools*. State conference of the Alabama Suicide Prevention and Resources Coalition, the Alabama Public Health Center for Emergency Preparedness, and the Alabama Public Health Division of Social Work. 1 hour. Montgomery, AL. 1 hour. 175 in attendance.

Harrington, J. A. (2016). *Suicide in the youth population and elevated risk with substance abuse*. Sponsored by the University of Montevallo and Bradford Health Services Alabama Adolescent and Young Adult Conference. Montevallo, AL. 1 hour 20 minutes. 200 in attendance.

- Harrington, J. A., & Lee, J. (2013). *Infusing suicide prevention/intervention training into counselor education curriculum*. Alabama Counseling Association Annual Conference. Birmingham, AL.
- Harrington, J. A. (2013). *Creating group session plans based in metaphor and imaginative resources*. Alabama Counseling Association Annual Conference. Birmingham, AL.
- \* Harrington, J. A. (2012, September). *My client is suicidal: Now what do I do?* Contracted day-long seminar with private continuing education production company. Birmingham, AL. 6 hours.
- \* Harrington, J. A. (2012, July). *Suicide Prevention in Action: Planning Preventatively, Intervening with Risk, and Responding After a Suicide*. Alabama State Department of Education annual "Mega-Conference." Mobile, AL. 3 hours.
- \*Harrington, J. A. (2012, June). Revisiting ethical, legal, and clinical issues related to care management of suicidal clients. Chi Sigma Iota UAB. 1 hour.
- \* Harrington, J. A. (2011, October 21). *The Three-Headed Beast of Traumatic Loss: Understanding and Responding to Bereavement, Trauma, and Complicated Grief Following Non-normative Losses and Disasters*. ALCA Chapter V and Jacksonville State University. 3 hours.
- \* Harrington, J. A. & Ribeiro, S. (2011, June). Counselor impairment. Chi Sigma Iota UAB. 1 hour.
- \* Harrington, J. A. (2010, November). *Suicide prevention: Applied strategies for assessment and treatment*. Presenter for ¾ day seminar with other presenters and survivors of suicidal depression and of loss. Sponsored by UAB Counselor Education Department. Day long seminar for over 70 attendees.
- \*Harrington, J. A. (2010, May). *DSM Refresher Course*. Mountain View Psychiatric Hospital, Gadsden, AL. 3 hours.
- Talbott-Forbes, L., Coombs, D. & Harrington, J.A. (2009). *Identification and early intervention with suicidal youth: Suffer in silence no more*. ASAPERD Annual Conference. 75 minutes.
- \* Harrington, J. A. (2009, September). *Statistics and trends in Alabama and the U.S.: The public health response to suicide*. For the Central Alabama Veterans Health Care Systems, Tuskegee, AL. 75 minutes.
- \* Harrington, J. A. (2009, May). *The myth of Aphrodite and Psyche: Ethics in clinical supervision reviewed*. Chi Sigma Iota UAB. 1.5 hours.
- \* Harrington, J. A. & Leary, J. (2009, March and May). *Ethics and confidentiality training*. Southern Coast ATTC Training in conjunction with Beacon Addictions Treatment Center (UAB Drug Free). Birmingham, 6 hours.
- \* Harrington, J. A. (2009, April). *Psychosocial issues facing survivors of suicide*. West Alabama Mental Health Association. 1.5 hours.
- \* Harrington, J. A. (2008, November). *Peer supervision and consultation*. Joint ALACES AND ALMHCA meetings at the ALCA Fall Conference. Huntsville, AL. 30 minutes.
- \* Knight, A. & Harrington, J. A. (2008, April). *Suicide 101—The formation of the state task force and the application for Garrett Lee Smith Grant to fund suicide prevention*. National Association of Social Workers Alabama Chapter, Tuscaloosa. 90 minutes.
- \* Harrington, J. A. (2008, March). Clinician's review course: *Assessing and intervening with suicidal clients*. Mountain View Psychiatric Hospital. 3 hours.
- \* Harrington, J. A. (2008, January). *Suicide prevention and intervention*. Sponsored by Catholic Family Services for Catholic school counselors in Alabama. 6 hours.

\* Harrington, J. A. (2007, November). *Recognizing and responding to students' suicidal warning signs*. Gadsden State Community College Faculty Institute. 2 hours.

\* Harrington, J. A. (2007, September). *Crisis intervention*. Sponsored by Catholic Family Services for Catholic agencies, clinicians, and school counselors in Alabama. 6 hours.

\* Harrington, J. A. (2006). *Clinical, ethical and legal considerations for suicide prevention*. Alabama Association of Counselor Education and Supervision. Montgomery, AL. 1 hour.

Harrington, J. A., Chestnut, J. and anonymous presenters. (2005, November). *Prevention through postvention: Educating about suicide through the aftermath*. Alabama Counseling Association Annual Conference, Birmingham, AL 1 ¼ hours.

Harrington, J. A., Hunter, R., Brown, S., Taylor, C. O., Kuykendall, T., & Lancaster, C. (2005, November). *Mental health partnerships – Opportunities for linkage across systems*. Alabama Counseling Association Annual Conference, Birmingham, AL 1 ¼ hours.

\* Harrington, J. A. (2005, October). *Suicide Prevention and Intervention Update and Review Course*. Alabama Employee Assistance Professionals conference in affiliation with the University of Alabama at Birmingham The Resource Center (EAP Center), Birmingham, AL 4 hours.

Harrington, J. A. (2005, July). *Suicide prevention and intervention*. Alabama's education "Mega-Conference", Mobile, AL. 1 hour.

\* Harrington, J. A. (2005, June). *Answering the call: Responding to the suicidal teen*. Alabama Association of Student Assistance Professionals (AASAP), Birmingham, AL. 4 hours.

\* Harrington, J. A. (2005, April). *LPC supervision workshop series*. Bradford Health Services and the Alabama Association of Counselor Education and Supervision, Birmingham, AL. 8 hours.

\* Harrington, J. A. (2005, March). *Suicide prevention and intervention: Putting preparedness into action*. Alabama School of Alcohol and Drug Studies, Tuscaloosa, AL. 10.25 hours.

\* Harrington, J. A. (2005, February). *The suicidal client: Talking about life and death with clinical skill*. Troy University Montgomery, Auburn University Montgomery and ALCA Chapter VII Winter Conference, Montgomery, AL. 2 hours.

Harrington, J. A. & Sorenson, D. (2004, October). *Suicide Intervention in the context of family crises*. University of Montevallo Counselor Education class. 2.5 hours.

Harrington, J. A. (2004, May). *LPC supervision workshop series*. Bradford Health Services and the Alabama Association of Counselor Education and Supervision, Birmingham, AL. 8 hours.

Harrington, J. A., Chestnut, J. & Anonymous Bereft. (2003, November). *Understanding Suicide from the Perspective of the Bereaved*. Alabama Counseling Association Annual Conference, Birmingham, AL 1 ¼ hours.

\* Harrington, J. A. (2003, March). *Crisis Counseling and Suicide Intervention*. Chi Sigma Iota Annual Conference, University of North Alabama. 3.5 hours.

Harrington, J. A. & Lee, J., (2003, February). *Vulnerability in clinical supervision*. Alabama Association of Counselor Education and Supervision Winter Workshop, Birmingham, AL.

\* Harrington, J. A., (2002, September). *Violence in the workplace*. Manufacture Alabama Workplace Violence/Industrial Espionage Seminar, Birmingham, AL.

\*Harrington, J. A., (2000-2001). Guest Instructor of eleven on behalf of Alabama Association of Counselor Education and Supervision Clinical Supervision Workshop Series. Taught four of the six offered programs to LPC's

seeking supervisor status. Covered all 24 hours of instruction approved to train supervisors. 24 hours, duplicated over two years.

\* Harrington, J. A., (2000, March & February). *Clinical skills when counseling with the sexually assaulted*. Presentation at the Alabama Coalition Against Rape, Birmingham, AL, and Montgomery, AL.

\* Harrington, J. A., (1999, September). *Clinical supervision in drug and alcohol treatment settings*. Four hour in-service, 9/18/1999. Alabama Association of Drug and Alcohol Abuse Annual Conference, Camp Sumatanga, AL. Invited.

Harrington, J. A.; & Brakke, L., (1999, November). *Managed care mindset and private practice proficiency*. Alabama Counseling Association Annual Conference, Birmingham, AL.

Harrington, J. A.; Wood, D., Williams, G., McRae, C., & Wise, J., (1999, November). *Reflections of certified counselors associate on the process of seeking a license*. Alabama Counseling Association Annual Conference Annual Conference, Birmingham, AL.

Harrington, J. A.; Ingram, J., Howard, S., & Cleveland, C., (1999, November). *Come one, come all: Emerging and experienced leaders alike!* Alabama Counseling Association Annual Conference Annual Conference, Birmingham, AL.

Multiple Presenters, (1999, November). *ALMHCA chat room*. Alabama Counseling Association Annual Conference Annual Conference, Birmingham, AL.

Harrington, J. A., (1998, May). *Team-building for ALCA leaders*. Annual Executive Council Retreat, Columbiana, AL.

Harrington, J. A., (1998, November). *Private practice roundtable discussion*. Alabama Counseling Association Annual Conference Annual Conference, Mobile, AL.

Multiple Presenters, (1997, November). *Your ALMHCA chat room*. Alabama Counseling Association Annual Conference Annual Fall Conference, Birmingham, AL.

Multiple Presenters, (1997, November). *ALCA editorial review board panel discussion*. Alabama Counseling Association Annual Conference Annual Fall Conference, Birmingham, AL.

Harrington, J. A., (1997, February). *Clinical supervision issues for counselors in practice*. Alabama Association of Counselor Education and Supervision Winter Workshop at University of Montevallo, Montevallo, AL.

\*Harrington, J. A., (1996, October). *Constructing rituals for persons in recovery*. Alabama Alcohol and Drug Abuse Association, Birmingham, AL.

Harrington, J. A., (1996, November). *Mastering or muddling: Coping with managed care in private practice*. Alabama Counseling Association Annual Conference Annual Fall Conference, Huntsville, AL.

Harrington, J. A., (1996, November). *A roundtable discussion: Clinical supervision issues in private practice*. Alabama Counseling Association Annual Conference Annual Fall Conference, Huntsville, AL.

Harrington, J. A. & Tobias, A., (1995, August). *Three M's of multicultural counseling*. Content session presented at the Alabama Community Mental Health Boards Annual Conference, Birmingham, AL.

\* Harrington, J. A., (1995, March). *Clinical supervision: Methods and models*. Alabama Alcohol and Drug Abuse Association In-Service, Birmingham, AL. 3 hours.

Harrington, J. A., (1995, November). *Models and methods in clinical supervision*. Alabama Counseling Association Annual Conference Annual Fall Conference.



Harrington, J. A., (1995, November). *Using genograms in career counseling*. Alabama Counseling Association Annual Conference Annual Fall Conference.

Harrington, J. A., & Viteri, C., (1994, August). *When drug use and drug sales become ritualized*. Alabama Community Mental Health Boards Annual Conference, Birmingham, AL.

Harrington, J. A., (1993, November). *Codependency as a function of identity development*. Alabama Counseling Association Annual Conference Annual Fall Conference, Birmingham, AL.

Harrington, J. A., (1993, November). *The use of therapeutic and innovative rituals in counseling*. Alabama Counseling Association Annual Conference Annual Fall Conference, Birmingham, AL.

Harrington, J. A., (1992, November). *Three twelve step meetings—review of a qualitative research study*. Alabama Counseling Association Annual Conference Annual Fall Conference.

\* *BellSouth Corporation Employment Security Partnership*. Consultant to all statewide communication workers in BellSouth facilities to prevent surplus layoffs as part of a \$25 million Employment Security Partnership effort in the Southeast. Led two 8-hour courses per month in association with Jefferson State College in addition to testing and counseling with workers. August 1990 to May 1991.

Harrington, J. A., (1986, November). *How to design a comprehensive career counseling program*. Alabama Counseling Association Annual Conference Annual Fall Conference, Huntsville, AL.

Harrington, J. A. & Phillips, B., (1985, November). *Three interviews and a cloud of dust: Going beyond trait and factor approach in career counseling*. Alabama Counseling Association Annual Conference Annual Fall Conference, Birmingham, AL.

## **LOCAL**

\* Harrington, J. A. (2017, September 13). *Suicide In-Service*. Sexual Assault Resource Team (SART) / Safehouse. Shelby County. 1 hour.

\* Harrington, J. A. (2016, August). *Overview of the Jason Flatt Act for Educators to become trained in Suicide Prevention*. Jefferson County 6<sup>th</sup>-12<sup>th</sup> grade educators and school counselors. 1 hour.

\* Harrington, J. A. (2016, August). *Overview of the Jason Flatt Act for Educators to become trained in Suicide Prevention*. Jefferson County K-5<sup>th</sup> grade educators and school counselors. 1 hour.

\* Harrington, J. A. (2013). *A spoon full of service: Beta Gamma Phi Initiation Ceremony*. Virginia College, Birmingham, AL.

\*Harrington, J. A. (2015). *Suicide risk assessment strategies*. University of Montevallo Counseling Center.

\*Harrington, J. A. (2015). *Suicide risk assessment strategies*. University of Alabama at Birmingham Counseling Center.

Harrington, J. A. (2013). *A spoon full of service: Chi Sigma Iota keynote speech for University of Montevallo counseling honorary initiates*. Montevallo, AL.

\* Harrington, J. A. (2010, August). *Suicide intervention for peer helpers*. Homewood High School Peer Helpers Group Retreat at Shocco Springs, AL. 1 hour.

\*Harrington, J. A. (2010, February). *Chi Sigma Iota Zeta Chapter Initiation Keynote: Service in the life of a counselor*. Hosted by UAB Counselor Education Department.

\* Harrington, J. A. (2009, April). *Psychosocial issues facing survivors of suicide*. Birmingham Grief and Loss Consortium. 1 hour.

- \* Harrington, J. A. (February, 2009). *Complicated grief and sudden loss*. St. Francis Xavier Catholic Church. Birmingham, AL. 90 minutes.
- \* Harrington, J. A. (2009, January). *Communicating effectively in difficult situations*. Prince of Peace Catholic Church Peer Helper Ministry. Birmingham, AL 30 minutes.
- \* Harrington, J. A. (May, 2008). *Review course on suicide assessment and intervention*. Children's Hospital Birmingham, AL. 90 minutes.
- \* Harrington, J. A. (January, 2008). *Suicide assessment and intervention*. Catholic Family Services. 4 hours.
- \* Harrington, J. A. (September, 2007). *Crisis theory and management in schools*. Catholic Family Services. 5 hours.
- \* Harrington, J. A., Kowalski, S., & Porter, C. (2006, November). *Panel discussion: Rogerian client-centered therapy, psychoanalysis, and cognitive-behavioral psychotherapies*. For the University of Alabama at Birmingham Honors Interdisciplinary Course "Minds and Realities", section on Consciousness. 1.5 hours.
- \* Harrington, J. A. (2006, November). *Suicide 201: A refresher course for Crisis Center volunteers*. For The Crisis Center, Birmingham. 2 hours.
- \* Harrington, J. A. (2006, October). *The truth about suicide: Postvention into prevention*. For the collaborative Christ Church United Methodist and Asbury United Methodist churches and community members. Birmingham, AL. 1 hour.
- \* Harrington, J. A. (2005, August). *Active listening skills for SOS peer helpers*. Presented to the SOS peer helpers group (27) at Birmingham Southern College, Birmingham, AL. 2 hours.
- \* Harrington, J. A. (2005, April). *Suicide intervention*. An in-service for Clinical Pastoral Experience Residents at the United Methodist Pastoral Care & Counseling Residence Training Program, Birmingham, AL. 2 hours.
- \* Harrington, J. A., (2004, May). *Metaphors in counseling*. An in-service for volunteer counselors and staff at The Crisis Center. One hour. Invited.
- Harrington, J. A. & Williams, G., (2003, August). *A metaphor retreat*. An independent workshop for counselors to develop understanding of metaphor techniques and self-awareness, Birmingham, AL. 3 hours.
- \*Harrington, J. A., (2000, February). *Parallel process in clinical supervision*. Oasis, A Women's Counseling Center, Birmingham, AL. 90 minutes. Invited.
- \*Harrington, J. A., (2000, January). *Stopping negative cycles in marriage*. Catholic Family Services. Presented at St. Aloysius Church, Bessemer, AL. 90 minutes. January 13, 2000. Invited.
- Harrington, J. A. & Elliott, G., (1999, October). *Developing clinical supervision skills*. Offered independently. NBCC-provider credit approved through Alabama Association of Counselor Education and Supervision, Birmingham, AL.
- \*Harrington, J. A., (1998, March-April). *Multicultural counseling skills, Samaritan Counseling Center*. In-Service for Counseling Residents at Baptist Hospital Montclair, Birmingham, AL. Six hours. Invited.
- \*Harrington, J. A., with other panelists\*\* (1998, June). *Town meeting: Results of physician/patient relationship, Pfizer International*. Panel Discussion at HealthSouth Corporation with \*\*Senator Jabo Waggoner, Dr. Greg Pence—Medical Ethicist, Dr. Craig Christopher—Alabama Medical Association, Dr. Mike Magee—Pfizer International, 90 minutes. Invited.

- \* Harrington, J. A., (1996, June; 1998, August). *Addictions and eating disorders: A didactic seminar*. Samaritan Counseling Center—for Counseling Residents at Baptist Hospital Montclair, 6 hours. Invited.
- \* Harrington, J. A., (1997, January). *Spirituality issues in counseling*. Birmingham Healthcare for the Homeless Professional Staff, Birmingham, AL. 1 hour. Invited.
- \* Harrington, J. A., (1996, October). *Serving more clients with less time*. UAB General Studies & Academic Advising Staff, Birmingham, AL. 4 hours. Invited.
- \* Harrington, J. A., (1996, August). *Becoming raving fans: A team building workshop*. Vestavia Hills United Methodist Church Staff and Clergy, Birmingham, AL. 6 hours, Invited.
- \* Harrington, J. A., (1996, March-April). *Race and cross-cultural counseling skills for counselors*. Samaritan Counseling Center Counseling Residents at Baptist Hospital Montclair, Birmingham, AL. 6 hours with, Invited.
- \* Harrington, J. A., (1996, March). *Multicultural counseling skills for counselors*. OASIS-A Women’s Counseling Center, Birmingham, AL. 4 hours.
- \* Harrington, J. A., (1995, November; 1996, February). *Eating disorders: Serving up a slice of discussion for the holidays, and also Serving up a second slice of discussion on eating disorders*. OASIS-A Women’s Counseling Center, Birmingham, AL. One hour each. Invited.
- \*Harrington, J. A., (1995, October). *Constructing innovative rituals in therapy*. Presentation to Department of Psychiatry Grand Rounds physicians, residents, therapists, and supporting personnel, Birmingham, AL.
- \* Harrington, J. A., (1995, September). *St. Vincent’s Hospital physician/administration annual retreat*. 4 hour presentation and facilitation of annual meeting of 60 physicians and staff on healthy system relationships, Birmingham, AL. Four hours, Invited.
- \* Harrington, J. A., & West, C., (1995, Winter and Summer Quarters). *The incidence of child sexual abuse and eating disorders*. UAB Child Sexual Abuse Course, Birmingham, AL. 90 minutes. Invited.
- \* Harrington, J. A., (1994, April). *Counselor development & counselor training*. In-service for clinical supervisors in treatment centers. Approved workshop for Alabama Alcohol and Drug Abuse Association, Birmingham, AL. 3 hours, Invited.
- \* Harrington, J. A., (1991 through 1994). *Southern Research Institute—Consultant and Trainer*. Service to all non-technical work groups including Human Resources, Accounting, Contracts, Materials Management, Training & Development, Safety, Security, Information Services, Purchasing, Vice President of Administration and Secretary of the Institute. “Systemic Changes for a Corporate Culture in Preparation for the 21<sup>st</sup> Century.” Ongoing focus groups, training sessions, intervention with troubled employees, conflict resolution, motivation, change management, process and prescriptive consultation.
- \* Harrington, J. A., (1993, May). *Burnout prevention*. The Crisis Center, Birmingham, AL. Presentation to volunteer counselors and staff. One hour, Invited.
- \* Harrington, J. A., (1992, March). *Staff Development Retreat*. Vestavia Hills United Methodist Church, Birmingham, AL. Presenter and Facilitator, 6 hours. Invited.
- \* Harrington, J. A., (1991, August). *Staff Development Retreat*. Consultant and workshop facilitator for 15 paid church staff members including clergy, program, support staff, Birmingham, AL. 8 hours of workshop time. Invited.
- \* Harrington, J. A., (1990, November). *The people side of business*. Entrepreneurs Institute, Birmingham, AL. 2 hours, Invited.