

University of Montevallo

Finish in 4 Plan



Name:
Major: Kinesiology: Health Promotion Concentration
Degree: BS
Graduation: 2021

| Freshman | | | Sophomore | | | Junior | | | Senior | | | | | | |
|-----------------------|-------------------|---|-----------|------------------------|---|--------|-------------------|---|--------|-------------------|---|---------------------|--|--|----|
| Fall Semester | Course | Course Title | Cred | Course | Course Title | Cred | Course | Course Title | Cred | Course | Course Title | Cred | | | |
| Fall Semester | ENG 101 | Composition I (Gen Ed) | 3 | ENG 231/232 | Global Literature* (Gen Ed) | 3 | Gen Ed | Fine Arts | 3 | Gen Ed | Humanities/Fine Arts | 3 | | | |
| | HIST 101/102 | World Civilizations I or II* (Gen Ed History) | 3 | CHEM 101 | Basic Chemistry I (Gen Ed Science 2) | 4 | EXNS 300 | First Aid & Prevention | 2 | EXNS 494 | Exercise & Wellness for Senior Adults | 3 | | | |
| | Gen Ed | Humanities | 3 | EXNS 200 | Care & Prevention of Athletic Injuries | 3 | EXNS 311 | Principles of Health Promotion & Education | 3 | EXNS 490 | Health Promotion Internship | 3 | | | |
| | BIO 105 | Introductory Biology I (Gen Ed Science 1) | 4 | BIO 201 | Anatomy & Physiology I (BS requirement) | 4 | FCS 281 | Introduction to Nutrition (Gen Ed Pers. Dev.) | 3 | EXNS 398 | Exercise Testing & Evaluation | 4 | | | |
| | EXNS 190 | Survey of Exercise & Nutrition Science | 2 | | | 0 | | General Elective (EXNS 250) | 3 | EXNS 481 | Exercise & Disease | 3 | | | |
| | | | 0 | | | 0 | | | 0 | | | 0 | | | |
| | | *Must have either a world civilizations or a global literature sequence | 0 | | *Must have either a world civilizations or a global literature sequence | 0 | | | 0 | | | 0 | | | |
| | | | 0 | | | 0 | | | 0 | | | 0 | | | |
| | | | 0 | | | 0 | | | 0 | | | 0 | | | |
| | | Fall Total | 15 | | Fall Total | 14 | | Fall Total | 14 | | Fall Total | 16 | | | |
| Spring Semester | ENG 102 | Composition II (Gen Ed) | 3 | PSYC 201 | General Psychology (Gen Ed SBS) | 3 | Gen Ed | Humanities/Fine Arts | 3 | EXNS 486 | Seminar in Exercise & Nutrition Science | 1 | | | |
| | COMS 101 | Foundations of Oral Communication (Gen Ed) | 3 | EXNS 211 | Motor Development | 3 | EC 231/232 | Economics (Gen Ed SBS) | 3 | EXNS 498 | Sports/Fitness Management | 3 | | | |
| | Gen Ed | 2nd World Civilizations* or Gen Ed SBS | 3 | EXNS 246 | Community & Public Health | 3 | EXNS 380 | Physiology of Exercise | 4 | EXNS 497 | Pharmacology | 3 | | | |
| | Gen Ed | Math | 3 | EXNS 210 | Foundations of Exercise Science | 3 | EXNS 310 | Sports Nutrition | 3 | EXNS 499 | Health-Fitness Program Design | 3 | | | |
| | | General Elective | 3 | BIO 202 | Anatomy & Physiology II (BS requirement) | 4 | | General Elective (MATH 157 or PSYC 300) | 3 | EXNS 487 | Counseling & Wellness | 3 | | | |
| | | | 0 | | General Elective (EXNS 491) | 1 | | | 0 | | | 0 | | | |
| | | *Must have either a world civilizations or a global literature sequence | 0 | | | 0 | | | 0 | | | 0 | | | |
| | | | 0 | | | 0 | | | 0 | | | 0 | | | |
| | | | 0 | | | 0 | | | 0 | | | 0 | | | |
| | | Spring Total | 15 | | Spring Total | 17 | | Spring Total | 16 | | Spring Total | 13 | | | |
| May | Course | Course Title | Cred | Course | Course Title | Cred | Course | Course Title | Cred | Course | Course Title | Cred | | | |
| | | | 0 | | | 0 | | | 0 | | | 0 | | | |
| | | 0 | | | 0 | | | 0 | | | 0 | | | | |
| | May Total | 0 | | May Total | 0 | | May Total | 0 | | May Total | 0 | | | | |
| SS 1 | Course | Course Title | Cred | Course | Course Title | Cred | Course | Course Title | Cred | Course | Course Title | Cred | | | |
| | | | 0 | | | 0 | | | 0 | | | 0 | | | |
| | | 0 | | | 0 | | | 0 | | | 0 | | | | |
| | | 0 | | | 0 | | | 0 | | | 0 | | | | |
| | SS 1 Total | 0 | | SS 1 Total | 0 | | SS 1 Total | 0 | | SS 1 Total | 0 | | | | |
| SS 2 | Course | Course Title | Cred | Course | Course Title | Cred | Course | Course Title | Cred | Course | Course Title | Cred | | | |
| | | | 0 | | | 0 | | | 0 | | | 0 | | | |
| | | 0 | | | 0 | | | 0 | | | 0 | | | | |
| | | 0 | | | 0 | | | 0 | | | 0 | | | | |
| | SS 2 Total | 0 | | SS 2 Total | 0 | | SS 2 Total | 0 | | SS 2 Total | 0 | | | | |
| Freshman Total | | | 30 | Sophomore Total | | | 31 | Junior Total | | | 30 | Senior Total | | | 29 |