

University of Montevallo

Finish in 4 Plan



Name:
Major: Exercise and Nutrition Science Concentration: Nutrition & Wellness Coordinated Program
Degree: BS
Graduation: 2021

Freshman			Sophomore			Junior			Senior						
	Course	Course Title	Cred	Course	Course Title	Cred	Course	Course Title	Cred	Course	Course Title	Cred			
Fall Semester	ENG 101	Composition I (Gen Ed)	3	ENG 231/232	Global Literature* (Gen Ed)	3	EXNS 190	Survey of Exercise & Nutrition Science	2	BIO 300	Microbiology (Support Course)	4			
	HIST 101/102	World Civilizations I or II* (Gen Ed History)	3	EC 231/232	Intro to Macro/Micro (Gen Ed BSS)	3	EXNS 380	Physiology of Exercise	4	EXNS 467	Foodservice Management I Supervised Practice	3			
	CHEM 101	Basic Chemistry I (Gen Ed Science 1)	4	BIO 201	Human Anatomy & Physiology I (BS Requirement)	0	EXNS 473	Human Nutrition & Metabolism I	3	Gen Ed	SPN 101 or Humanities/Fine Arts	3			
	FCS 170	Intro to Food Science & Preparation (Support Course)	3		OR	4	EXNS 483	Nutrition Care Process I	3	Gen Ed	MUS 121 or Fine Arts	3			
	MATH 154	Nature of Mathematics (Gen Ed)	3	BIO 341	Anatomy (BS Requirement)	0	EXNS 497	Pharmacology	3			0			
			0	EXNS 210	Foundations of Exercise Science	3			0			0			
			0	FCS 477	Quantity Foods	3			0			0			
			0			0			0			0			
		*Must have either a world civilizations or a global literature sequence	0		*Must have either a world civilizations or a global literature sequence	0			0			0			
		Fall Total	16		Fall Total	16		Fall Total	15		Fall Total	13			
Spring Semester	ENG 102	Composition II (Gen Ed)	3	BIO 202	Human Anatomy & Physiology II (BS Requirement)	0	PSYC 300	Descriptive Statistics	3	EXNS 468	Foodservice Management II Supervised Practice	3			
	BIO 105	Introductory Biology I (Gen Ed Science 2)	4		OR	4	EXNS 373	Seminar in Dietetics	1	EXNS 471	Applied Research in Food Science	3			
	COMS 101	Foundations of Oral Communication (Gen Ed)	3	BIO 342	Physiology (BS Requirement)	0	EXNS 474	Human Nutrition & Metabolism II	3	EXNS 487	Counseling & Wellness	3			
	FCS 281	Introduction to Nutrition (Gen Ed PD)	3	PSYC 201	Foundations in Psychology (Gen Ed BSS)	3	EXNS 484	Nutrition Care Process II	3	PHIL 220	Ethics (Gen Ed Humanities)	3			
	CHEM 102	Basic Chemistry II (Support Course)	4	EXNS 310	Sports Nutrition	3	EXNS 485	Life Cycle & Community Nutrition	3	Gen Ed	Humanities/Fine Arts	3			
			0	EXNS 382	Foodservice Systems Management	3	Gen Ed	2nd World Civilizations* or Gen Ed SBS	3			0			
			0			0			0			0			
			0			0			0			0			
			0			0		*Must have either a world civilizations or a global literature sequence	0			0			
		Spring Total	17		Spring Total	13		Spring Total	16		Spring Total	15			
May	Course	Course Title	Cred	Course	Course Title	Cred	Course	Course Title	Cred	Course	Course Title	Cred			
			0			0			0			0			
			0			0			0			0			
	May Total	0		May Total	0		May Total	0		May Total	0				
SS 1	Course	Course Title	Cred	Course	Course Title	Cred	Course	Course Title	Cred	Course	Course Title	Cred			
			0			0	EXNS 465	Community Nutrition I Supervised Practice	3	EXNS 469	Clinical Nutrition I Supervised Practice	3			
			0			0			0			0			
			0			0			0			0			
	SS 1 Total	0		SS 1 Total	0		SS 1 Total	3		SS 1 Total	3				
SS 2	Course	Course Title	Cred	Course	Course Title	Cred	Course	Course Title	Cred	Course	Course Title	Cred			
			0			0	EXNS 466	Community Nutrition II Supervised Practice	3	EXNS 470	Clinical Nutrition II Supervised Practice	3			
			0			0			0			0			
			0			0			0			0			
	SS 2 Total	0		SS 2 Total	0		SS 2 Total	3		SS 2 Total	3				
Freshman Total			33	Sophomore Total			29	Junior Total			37	Senior Total			34