

PATRICIA HUGHES PETITT, MS, RD, LD

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PROFESSIONAL SUMMARY

- * Registered Dietitian (1988) - license #724181
 - * State License # 1873
 - * 8+ years of teaching Nutrition Science classes
 - * Creative and energetic with well-developed communication skills
 - * Positive attitude with excellent problem identification and solution focused approach
 - * Natural and collaborative leader with focus on reaching program goals
 - * Warmly interested in students with ability to meet them on their level to build relationships
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EDUCATION

Ph.D. in Health Education and Promotion, 51 hours completed
The University of Alabama

Masters of Science in Nutrition Science, Degree conferred 1988
The University of Alabama

Bachelor of Science in Chemistry, Degree conferred 1981
Auburn University

PROFESSIONAL EXPERIENCE OVERVIEW

Clinical Instructor and Director of Coordinated Program - University of Montevallo, 2014 – Present

- * Transitioned program, faculty, staff and students to a Coordinated Program through ACEND
- * Teach Nutrition Care Process, Introduction to Dietetics, and Food Science
- * Teach Medical Nutrition Therapy and Coordinated Program classes
- * Lead and advise 30 dietetic students
- * Participate in student/faculty research, and remain current on obesity research
- * Supervise Coordinated Program students while in their supervised practice placements
- * Chair of search committee for dietetic faculty

Clinical Instructor and Director of Didactic Program - University of Montevallo, 2012-2014

- * Taught Nutrition Care Process I & II, Nutrition Seminar, Food Science, and Health and Wellness
- * Advisor to 25 nutrition students
- * Facilitated move from Didactic Program for the benefit of students

Instructor of Dietetics - University of Montevallo, 2007-2009

- * Taught five nutrition classes in the Department of Family and Consumer Science
- * Maintained office hours/availability to students and presented interesting and organized lectures
- * Health and Wellness Committee member and Diversity Committee member
- * Attended departmental, college, and university meetings as required
- * Received "Favorite Professor" award from Chi Omega sorority, basketball team, and soccer team

Pediatric Nutritionist - DCH Regional Medical Center, 2005-2007

- * Organized "Way to Go Kids!", weight control program for children and adolescents
- * Teach children and young adolescents healthy nutrition and exercise management
- * First weight control program for kids in West Alabama!

Instructor of Nutrition - Shelton State Community College, 2005-2007

- * Taught Principles of Nutrition (HEC 140)
- * Developed and organized lectures on the science of nutrition
- * Effectively instructed students from a wide variety of academic backgrounds

Clinical Nutritionist - DCH Regional Medical Center, 1994-1995

- * Lectured in the community on healthy diets
- * Provided nutrition consulting in areas such as acute cardiac care and diabetes clinic
- * Provided nutrition counseling to out-patients for weight loss and/or dyslipidemia

Pediatric Nutritionist - Dr John Butler, Growing Up Pediatrics, 1992-1993

- * Identified children in need of nutrition counseling
- * Counseled patients with increased cholesterol, obesity, diabetes and failure to thrive

Clinical Nutritionist and Director of "Lester" Program - Children's Hospital, 1990-1992

- * Directed the weight-control program for children, and lectured on pediatric nutrition topics
- * Nutrition consultant to GI, endocrine, and allergy clinics
- * Instructed parents and/or patients on proper feeding and diet for infants, children and adolescents

ORGANIZATIONS and HONORS

- * Academy of Nutrition and Dietetics, 1989-present
- * Alabama Dietetic Association, 1989-present
- * Tuscaloosa County Medical Alliance, 1992-present
- * Weight Management Practice Group, 2008-present
- * Nutrition Educators Practice Group, 2008-present
- * Alabama Dietetic Association Scholarship Chairman, 2013-present
- * Tuscaloosa Dietetic Association, 1993-1998

RECENT ACCOMPLISHMENTS

- * Poster presentation at ALDA (2015) "Investigating the Effects of Food Presentation on Fruit and Vegetable Acceptance in Children"
- * Recognized on Faculty Night for woman's soccer, softball, and men's basketball, 2014, 2015, 2016
- * Attended FNCE, 2013, 2014, 2015
- * Attended ALDA Annual Conference, 2013, 2014, 2015
- * Attended Alabama Academy of Pediatrics Annual Conference 2013, 2014, 2015
- * Received full accreditation from ACEND to design and implement a coordinated program in Dietetics at the University of Montevallo, 2014
- * Attended the Harvard School of Public Health's program, "Healthy Kitchens, Healthy Lives" at the Culinary Institute of America, March 2012
- * Certificate of Training in Pediatric and Adolescent Weight Management, October 2010
- * Certificate of Training in Adult Weight Management, October 2008

COMMUNITY VOLUNTEER

- * Fundraising for Northridge High School Golf Team and Volleyball Team, 2010 – 2016
- * Assessed Family Connections monthly menus for compliance to Dietary Guidelines, 2014, 2015
- * Presented "Healthy Nutrition for Kids" to the ARC of Pelham, 2015
- * Tutored math at Martin Luther Elementary School, 2010 - 2012
- * Tutored math at Rock Quarry Middle School, 2011, 2012