

## **Kelley DeVane Hart, PhD, RDN, LD**

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### **Education**

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- 2014      Ph.D. in Health Promotion/Health Education, University of Alabama at Birmingham  
Dissertation: *An Evaluation of the Healthy Eating Active Living (HEAL) Alabama Program for Prevention of Childhood Obesity among Fifth Grade Students*
- 1993      M.S. in Clinical Nutrition, University of Alabama at Birmingham  
Selected into Alpha Eta Honor Society for Allied Health Students  
Thesis: *Dietary Intake of Fruits and Vegetables Among Fourth Grade Students Following Cancer Preventive Nutrition Education*
- 1992      Certificate for completion of Dietetic Internship, University of Alabama at Birmingham  
William E. Smith Scholarship  
Elizabeth Neige Todhunter Award for Nutrition, Education, and Research
- 1991      B.S. in Home Economics, Cum Laude  
University of Montevallo, Montevallo, Alabama  
A.D. Walden Scholarship Recipient  
Alabama Dietetic Association Outstanding Senior Award  
Senior Elite Recipient  
President, Student Dietetic Association

### **Professional Experience**

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#### **Assistant Professor of Kinesiology**

University of Montevallo, School of Education, Department of Counseling, Family and Consumer Sciences, and Kinesiology

2016-Present

- Instruct students in Introduction to Food Science, Introduction to Nutrition, Sports Nutrition, Life Cycle and Community Nutrition, and Foodservice Management II
- Advise students
- Sponsor *I Am Second* student group

### **Consultant Dietitian**

2001-Present

- review nutrition education materials for children and parents
- formulate research methodology, nutrition assessment tools, and data analysis for school-based childhood obesity program
- provide nutrition counseling for optimal nutrition of children, food allergies, and weight management
- designed continuing education materials for public health nurses and nutritionists
- modified Head Start menus to improve nutritional content of meals

### **Nutrition Fellow**

University of Alabama at Birmingham, School of Medicine, Division of Pediatrics, 2009 – 2010

- provided nutrition counseling for eating disorders, weight management, and preschool feeding
- data collection and data entry for school-based childhood obesity prevention program
- grant writing and research duties

### **Adjunct Instructor**

University of Montevallo, Department of Family and Consumer Sciences, Fall 2001, Fall 2003, Spring 2004, Fall 2005, Spring 2006 – Spring 2007, Spring 2015

- taught Introduction to Food Science, Introduction to Nutrition, Foodservice Systems Management, Medical Nutrition Therapy I, Medical Nutrition Therapy II, Life Cycle and Community Nutrition
- advised the Student Dietetic Association

### **Project Nutritionist**

The University of Alabama at Birmingham, School of Medicine, Division of Pediatrics, Hi 5+ Project, 2001-2003

- trained data collectors for gathering dietary assessments
- trained school cafeteria personnel using Hi 5+ materials
- developed and implemented nutrition research evaluation tools
- provided quality assurance reviews of data

### **Assistant Professor of Nutrition**

Troy State University, College of Health and Human Services, School of Nursing, 1995-2000

- taught undergraduate nutrition courses through traditional and non-traditional means
- advised students
- provided nutritional counseling to TSU athletes
- served on Educational Resource committee, Library Advisory committee, Homecoming committee

### **Project Nutritionist**

The University of Alabama at Birmingham, School of Public Health, Department of Health Behavior, Five A Day for Better Health Project, 1993-1995

- developed nutrition assessment tools and nutrition intervention
- trained and supervised data collectors
- assessed school food service recipes and menus

### **Nutrition Fellow**

The University of Alabama at Birmingham, School of Medicine, Division of Pediatrics, 1992-1993

- analyzed clients' diets for nutritional adequacy and provided recommendations
- taught weight management programs
- presented nutrition lectures to groups

### **Dietetic Intern**

The University of Alabama at Birmingham, School of Health Related Professions, 1991-1992

- assessed nutritional status of patients
- provided recommendations for nutrition management to physicians and patients
- wrote job descriptions and policies and procedures

### **Dietary Assistant**

Southeast Alabama Medical Center, Dothan, Alabama, Summers 1989-1990

- planned menus for therapeutic diets
- completed diet histories

### **Qualifications**

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Registered Dietitian through American Dietetic Association (Registration number 804332)

Licensed Dietitian in State of Alabama (License number 764)

### **Affiliations**

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American Dietetic Association  
Member, 1991-Present

Alabama Dietetic Association  
Member, 1991-Present  
Board of Directors, 1997-2004  
Nominating Chair, 2000-2001  
Recognized Young Dietitian of the Year, 2000  
Scholarship Committee, 2002-2004  
Scholarship Chair, 2003-2004  
Bylaws Chair, 2004

Sowers of Seed  
Volunteer, 2014-Present

Southeast Alabama Dietetic Association  
Member, 1996-2000  
Nutrition Seminar Chairperson, 1997  
President-Elect, 1998  
President, 1999  
Recognized Young Dietitian of the Year, 2000

Pike County Eating Disorder Task Force  
Charter Member, 1997-2000

Healthy Alabama 2000 Nutrition Coalition  
Member, 1994-2000  
Vice-Chair, 1995

Birmingham Dietetic Association  
Member, 1991-1995, 2005-2010  
Board of Directors, 1994-1995

## **Presentations**

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Hart, K.D. Differences in Weight Status and Cardiovascular Fitness Among Alabama Students in a Healthy Eating Active Living (HEAL) Alabama Study. *Sociology and Globalization: Exploring Diversity, Paradigmatic Shifts, and Critical Frameworks from a Social Context*. 40<sup>th</sup> Annual Mid-South Sociological Association Conference. November 2014.

DeVane-Hart, K. Essentials of Sports Nutrition. Guest lecture. Troy State University Women's Volleyball team. May 1996, March 1998

DeVane-Hart, K. and Stanley, P. Availability of Fresh Fruit During Winter Months. Television interview for "Jim Adams Down-Home," Channel 68, Birmingham. February 1995.

DeVane-Hart, K. The 5-A-Day Project. Guest lecture. Nutrition for Infants, Children, and Adolescents. Sponsored by Departments of Pediatrics and Nutrition Sciences, University of Alabama at Birmingham and the Maternal and Child Health Bureau, Health Resources and Services Administration, Department of Health and Human Services. March 1994.

DeVane-Hart, K. and Sturdevant, M. Eating Disorders and the College Female. University of Montevallo. November 1993.

DeVane-Hart, K. Nutrition Update - Reaching the Adolescent. Guest lecture. Alabama School Food Service Association. October 1993.

## **Publications**

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Hart, K.D., & Spear, B.A. (2010). The role of health professionals. In J. O'Dea & M. Eriksen (Eds.), *Childhood Obesity Prevention: International Research, Controversies, and Interventions*. (258-268). New York: Oxford University Press.

Reynolds, K.D., Raczynski, J.M., Binkley, D., Franklin F.A., Duvall, R.C, DeVane- Hart, K., Harrington, K.F., Caldwell, E., Jester, P., & Fouad, M. (1998). Design of "High 5": a school-based study to promote fruit and vegetable consumption for reduction of cancer risk. *Journal of Cancer Education*, 13(3): 169-77.