

2016-2017 Kinesiology BS Degree Plan



Student name: _____ UMID: _____ Date: _____

Advisor name: _____ Concentration: P-12 Physical Education

UNIVERSITY of
MONTEVALLO

The Purpose of General Education is to Gain:

- Knowledge of Human Cultures and the Physical and Natural World
- Intellectual and Practical Skills
- Personal and Social Responsibility
- Integrative and Applied Learning

Key Courses For General Education (47 hours)

1. **Written Composition (6)**
Choose ENG 101 or 103. 3 _____
Choose ENG 102 or 104. 3 _____
2. **Humanities & Fine Arts (18)**
Choose one: ENG 231, 233, 232 or 234. 3 _____
 Students must complete a six-hour sequence in either History or Literature. Students may complete both sequences.
Choose COMS 101 or 102. 3 _____
Choose one Fine Arts: ART 100, 218, 219; 3 _____
 MC 325; MUS 121 or 122, 125, 211, 255, 342;
 THEA 120 or 122.
Choose PHIL 220/221. 3 _____
Choose two of the following (not used above):
 ART 100, 218, 219; ENG 231 or 233, 232 or 234; 3 _____
 FRN 101, 102, 150, 201, 202, 250; SPN 101 or 103, 3 _____
 102 or 104, 150, 201, 202, 250; GER 101, 102, 201,
 202; MC 325; MUS 121 or 122, 125, 211, 255, 342;
 PHIL 110 or 111, 180, 220 or 221, 230, 280, 290;
 THEA 120 or 122.
3. **Natural Sciences & Mathematics (11)**
Choose BIO 105 or 107. 4 _____
Choose CHEM 101 or 121. 4 _____
Choose MATH 147 or 154 (or MATH 144 or higher). 3 _____
4. **History, Social & Behavioral Sciences (12)**
Choose one history: HIST 101, 103, 102, 104. 3 _____
 Students must complete a six-hour sequence in either History or Literature. Students may complete both sequences.
Choose EC 231 or 232. 3 _____
Choose PSYC 201. 3 _____
Choose one of the following not used above:
 EC 231 or 232; FCS 291, 402; GEOG 231; 3 _____
 HIST 101 or 103, 102 or 104; POS 200, 250;
 SOC 101; SWK 203, 260, 322.
5. **Personal Development (3)**
Choose ED 447. 3 * _____

*Indicates requirement is satisfied in major course requirements

Professional Studies (19 hours)

- ED 402 (Secondary Students as Learners) 2 _____
- SPED 407 (Exceptional Learners in the P-12
And Secondary Programs) 3 _____
- ED 455 (Instructional Strategies I Literacy) 2 _____
- ED 447 (Technology for Today's Classroom) 3 _____
- KNES 400 (Curriculum in PE) 3 _____
- KNES 420 (Evaluation in PE) 3 _____
- KNES 430 (Methods of Teach. Middle/Sec Sch.) 3 _____

Internship (12 hours)

- EDI 490 (Internship/P-12) 12 _____

Teaching Field (38 hours)

- KNES 190 (Survey of Kinesiology) 2 _____
- KNES 201 (Team Sports) 3 _____
- KNES 210 (Personal Health) 3 _____
- KNES 211 (Motor Development) 3 _____
- KNES 300 (First Aid & Prevention) 2 _____
- KNES 301 (Individual & Dual Sports) 3 _____
- KNES 310 (Sports Nutrition) 3 _____
- KNES 361 (Coaching Team Sports) 2 _____
- KNES 380 (Physiology of Exercise) 4 _____
- KNES 381 (Kinesiology) 3 _____
- KNES 472 (Adapted Physical Education) 3 _____
- KNES 482 (Organization & Administration of PE) 2 _____
- KNES 489 (Methods of Teaching PE in Elem.) 3 _____
- KNES Activity _____ 1 _____
- KNES Activity _____ 1 _____

General Electives (none required)

Minor Course Requirements (Optional)

Title: _____ Hrs. Req. _____

GENERAL GRADUATION REQUIREMENTS

1. 50% of hrs in major area at UM
2. 30 hrs 300/400 at UM
3. 30 of last 40 hours at UM
4. 64 hr limit from 2-year school
5. 45 hr limit of non-traditional credit
6. 6-hr sequence in history or literature
7. Capstone experience within major
8. All courses graded with a 'C' or higher
9. 2.75 or higher overall GPA, and in all major and professional areas

Total Hours Required: 124

Total Hours Completed to Date: _____

Hours Remaining for Completion: _____

Hours Currently Registered: _____

Hours Remaining: _____