

2014-2015 Kinesiology BS Degree Plan



UNIVERSITY of
MONTEVALLO

Student name: _____ UMID: _____ Date: _____

Advisor name: _____ Concentration: Kinesiology K-12 Education

The Purpose of General Education is to Gain:

- Knowledge of Human Cultures and the Physical and Natural World
- Intellectual and Practical Skills
- Personal and Social Responsibility
- Integrative and Applied Learning

Key Courses For General Education (50 hours)

1. **Written Composition (6)**
Choose ENG 101 or 103 3 _____
Choose ENG 102 or 104 3 _____
2. **Humanities & Fine Arts (18)**
Choose one: ENG 231/233 or 232/234* 3 _____
*Students must take at least one six hour sequence in Literature or History. Students are free to take both sequences.
Choose COMS 101 or 102 3 _____
Choose one Fine Arts: ART 100, 218, 219; 3 _____
 MC 325; MUS 121/122, 125, 211, 255, 342; 3 _____
 THEA 120/122.
Choose one Humanities:
 ENG 231/233, 232/234; FRN 101, 102, 150, 3 _____
 201, 202, 250; SPN 101/103, 102,104, 150,
 201, 202, 250; GER 101, 102, 201, 202; HNRS 309
 PHIL 110/111, 180, 220/221, 230, 280, 290.
Choose two of the following (not used above):
 ART 100, 218, 219; ENG 231/233, 232/234; 3 _____
 FRN/SPN 101, 102, 150, 201, 202, 250; 3 _____
 GER 101, 102, 201, 202; HNRS 309; MC 325;
 MUS 121/122, 125, 211, 255, 342; PHIL 110/111,
 180, 220/221, 230, 280, 290; THEA 120/122.
3. **Natural Sciences & Mathematics (11)**
Choose BIO 105 4 _____
Choose CHEM 101 or 121 4 _____
Choose MATH 147 or 154 (or MATH 144 or higher) 3 _____
4. **History, Social & Behavioral Sciences (12)**
Choose one: HIST 101/103 or 102/104* 3 _____
*Students must take at least one six hour sequence in Literature or History. Students are free to take both sequences.
Choose EC 231 or 232 3 _____
Choose PSYC 201 3 _____
Choose one of the following not used above:
 FCS 291, 402; GEOG 231; 3 _____
 HIST 101/103, 102/104; POS 200, 250;
 PSYC/SWK 203, 322; SOC 101; SWK 260
5. **Personal Development (3)**
Choose ED 447 3_ ✓ _

✓ Indicates requirement is satisfied in major course requirements

ADDITIONAL REQUIREMENTS FOR DEGREE

Bachelor of Science (BS) Requirements (8)

- Choose BIO 341 Anatomy 4 _____
Choose BIO 342 Physiology 4 _____
 (Student may be required to complete CHEM 102/122 as a prereq)

GENERAL GRADUATION REQUIREMENTS

- | | |
|-----------------------------------|--|
| 1. 50% of hrs in major area at UM | 5. 45 hr limit of non-traditional credit |
| 2. 30 hrs 300/400 at UM | 6. 6-hr sequence in history or literature |
| 3. 30 of last 40 hours at UM | 7. Capstone experience within major |
| 4. 64 hr limit from 2-year school | 8. 2.0 or higher UM GPA and in all major and minor areas |

PROFESSIONAL STUDIES (19)

- ED 402 (Secondary Students as Learners) 2 _____
 SPED 407 (Exceptional Learners in the P-12
 And Secondary Programs) 3 _____
 ED 455 (Instructional Strategies I Literacy) 2 _____
 ED 447 (Technology for Today's Classroom) 3 _____
 KNES 400 (Curriculum in PE) 3 _____
 KNES 420 (Evaluation in PE) 3 _____
 KNES 430 (Methods of Teach. Middle/Sec Sch.) 3 _____

INTERNSHIP (12)

- EDI 490 (Internship/P-12) 12 _____

TEACHING FIELD (44)

- KNES 190 (Survey of Kinesiology) 2 _____
 KNES 200 (Care & Prevention of Ath Injuries) 3 _____
 KNES 201 (Team Sports) 3 _____
 KNES 210 (Personal Health) 3 _____
 KNES 211 (Motor Development) 3 _____
 KNES 300 (First Aid & Prevention) 2 _____
 KNES 301 (Individual & Dual Sports) 3 _____
 KNES 310 (Sports Nutrition) 3 _____
 KNES 361 (Coaching Team Sports) 2 _____
 KNES 380 (Physiology of Exercise) 4 _____
 KNES 381 (Kinesiology) 3 _____
 KNES 472 (Adapted Physical Education) 3 _____
 KNES 482 (Organization & Admin of PE) 3 _____
 KNES 489 (Methods of Teach. PE in Elem Sch.) 3 _____
 KNES 103 or 165 1 _____
 KNES 127or 157 or 167 1 _____
 KNES Activity _____ 1 _____
 KNES Activity _____ 1 _____

MINOR COURSE REQUIREMENTS (Optional)

Title: _____ Hrs. Req. _____

GENERAL ELECTIVES (none required)

Total Hours Required: 130
 Total Hours Completed to Date: _____
 Hours Remaining for Completion: _____
 Hours Currently Registered: _____
 Hours Remaining: _____