

NAME: _____ ID: _____

ADVISOR: _____

GENERAL EDUCATION REQUIREMENTS

See UM Bulletin for full explanation.

1. **Written Composition (6)**
ENG 101 or 103 3____
ENG 102 or 104 3____
2. **Humanities & Fine Arts (18)**
ENG 231 or 233 3____
ENG 232 or 234 3____
COMS 101 or 102 3____
PHIL 220 3____
FINE ARTS -
ART 100, 218, 219; MC 325;
MUS 121, 122, 125, 255, 342; THEA 120, 122 3____
Select 1 course from the following list:
ART 100, 218, 219; MC 325;
MUS 121, 122, 125, 255, 342; THEA 120, 122;
PHIL 110, 111, 180, 221, 230, 280, 290;
FRN/SPN 101, 102, 150, 201, 202, 250;
GER 101, 102, 201, 202; HNRS 309 3____
3. **Natural Sciences & Mathematics (11)**
(Lab sciences in 2 disciplines)
BIO 105 4____
CHEM 101 or 121 4____
(Prerequisite for Chem 102 or 122)
MATH 147/154 (option: MATH 144 or higher) 3____
4. **History, Social & Behavioral Sciences (12)**
HIST 101 or 103 3____
HIST 102 or 104 3____
EC 231 or 232 3____
PSYC 201 3____
5. **Health & Wellness, Activity (3)**
KNES 120 3_*
6. **Computer Applications (1-3)**
MIS 161 3____
7. **Additional Hours Required for BS Degree**
Science/Math (7 Hours beyond 11 Hr. Gen. Ed. Req.)
BIO 341 Anatomy 4
BIO 342 Physiology 4
(Prerequisite CHEM 102 or 122)

* Satisfied in Major Course Requirements

****MAJOR COURSE REQUIREMENTS – 55 hours****

- KNES/FCS 170 (Intro to Food Science & Prep) 3____
- KNES 190 (Introduction to Kinesiology) 2____
- KNES 210 (Personal Health) 3____
- KNES/FCS 281 (Introduction to Nutrition) 3____
- KNES 310 (Sports Nutrition) 3____
- KNES/FCS 471 (Applied Res. In Food Science) 3____
- KNE/FCS 477 (Quantity Foods) 3____
- KNES 380 (Physiology of Exercise) 4____
- KNES/FCS 382 (Foodservice Systems Mgt) 3____
- KNES 398 (Exercise Testing & Evaluation) 4____
- KNES/FCS 473 (Hum. Nutrition&Metabolism I) 3____
- KNES/FCS 474 (Hum. Nutrition&Metabolism II) 3____
- KNES/FCS 463 (Nutrition Care Process I) 3____
- KNES/FCS 484 (Nutrition Care Process II) 3____
- KNES/FCS 485 (Life Cycle & Comm Nutrition) 3____
- KNES 493 (Practicum in Nutrition & Wellness) 3____
- KNES 497 (Pharmacology) 3____
- KNES 499 (Health-Fitness Program Design) 3____

SUPPORT COURSES (7)

- BIO 300 (Microbiology) 4____
- PSYC 300 (Descriptive Statistics) 3____

***GENERAL ELECTIVES (10)**

*Note: CHEM 102 (Basic Chemistry II) must be taken as one of your elective courses

*** Note: Students who plan to enter the Dietetics Program must take these required electives:**

- KNES/FCS 181 (Intro to Dietetics) 1____
- KNES/FCS 373 (Seminar in Dietetics) 1____

Total Hours Required: 130
Total Hours Completed to Date: _____
Hours Remaining for Completion: _____
Hours Currently Registered: _____
Hours Remaining: _____

- Graduation Requirements:
1. 50% of major at UM
 2. 30 hours of 300/400 level work at UM
 3. 30 of last 40 hours at UM