

NAME: \_\_\_\_\_  
ADVISOR: \_\_\_\_\_

ID: \_\_\_\_\_

**GENERAL EDUCATION REQUIREMENTS**

*See UM Bulletin for full explanation.*

1. **Written Composition (6)**  
ENG 101 or 103 3\_\_\_\_  
ENG 102 or 104 3\_\_\_\_
2. **Humanities & Fine Arts (18)**  
ENG 231 or 233 3\_\_\_\_  
ENG 232 or 234 3\_\_\_\_  
COMS 101 or 102 3\_\_\_\_  
FINE ARTS -  
ART 100, 218, 219; MC 325;  
MUS 121, 122, 125, 255, 342; THEA 120, 122 3\_\_\_\_  
Select 2 courses from the following list, but no  
more than 1 from Fine Arts: ART 100, 218, 219;  
MC 325; MUS 121, 122, 125, 255, 342;  
THEA 120, 122;  
PHIL 110, 111, 180, 220, 221, 230, 280, 290;  
FRN/SPN 101, 102, 150, 201, 202, 250; 3\_\_\_\_  
GER 101, 102, 201, 202; HNRS 309 3\_\_\_\_
3. **Natural Sciences & Mathematics (11)**  
(Lab sciences in 2 disciplines)  
BIO 105 4\_\_\_\_  
CHEM 101 or 121 4\_\_\_\_  
(Prerequisite for Chem 102 or 122)  
MATH 147/154 (option: MATH 144 or higher) 3\_\_\_\_
4. **History, Social & Behavioral Sciences (12)**  
HIST 101 or 103 3\_\_\_\_  
HIST 102 or 104 3\_\_\_\_  
EC 231 or 232 3\_\_\_\_  
PSYC 201 3\_\_\_\_
5. **Health & Wellness, Activity (3)**  
KNES 120 3\_\*
6. **Computer Applications (1-3)**  
MIS 161 3\_\_\_\_
7. **Additional Hours Required for BS Degree**  
BIO 341 Anatomy 4  
BIO 342 Physiology 4  
(Prerequisite CHEM 102 or 122)

\* Satisfied in Major Course Requirements

**\*\*MAJOR COURSE REQUIREMENTS - 60 hours\*\***

- |  |       |
|--|-------|
| KNES 190 (Survey of Kinesiology)               | 2____ |
| KNES 200 (Care & Prevention of Ath. Injuries)  | 3____ |
| KNES 210 (Personal Health)                     | 3____ |
| KNES 211 (Motor Development)                   | 3____ |
| KNES 300 (First Aid/Prevention)                | 2____ |
| KNES 201 (Team Sports) or                      |       |
| KNES 301 (Individual & Dual Sports)            | 3____ |
| KNES 310 (Sports Nutrition)                    | 3____ |
| KNES 380 (Physiology of Exercise)              | 4____ |
| KNES 381 (Kinesiology)                         | 3____ |
| KNES 398 (Exercise Testing and Evaluation)     | 4____ |
| KNES 472 (Adapted PE)                          | 3____ |
| KNES 494 (Exercise&Wellness for Senior Adults) | 3____ |
| KNES 496 (Strength and Conditioning)           | 3____ |
| KNES 497 (Pharmacology)                        | 3____ |
| KNES 498 (Sport/Fitness Management)            | 3____ |
| KNES 499 (Health-Fitness Program Design)       | 3____ |

**KNES 490 (Internship)** 12\_\_\_\_

**SUPPORT COURSES (6)**

- |                                   |       |
|-----------------------------------|-------|
| GB 100 (Introduction to Business) | 3____ |
| PSYC 300 (Descriptive Statistics) | 3____ |

**RESTRICTED ELECTIVES (7)**

(Must be approved by faculty advisor)

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Graduation Requirements:

1. 50% of major at UM
2. 30 hours of 300/400 level work at UM
3. 30 of last 40 hours at UM

Total Hours Required: 130

Total Hours Completed to Date: \_\_\_\_\_

Hours Remaining for Completion: \_\_\_\_\_

Hours Currently Registered: \_\_\_\_\_

Hours Remaining: \_\_\_\_\_