

THE PLUNGE
THE PREPARATION YEAR FOR THE 2013 MCAT
APPLYING TO MEDICAL SCHOOL HEALTH PROFESSIONS

Fall Semester:

MCAT Preparation:

2 hours of studying/week from review books/notes/textbooks.
Review books are available at the University of Montevallo Health Professions Advisory Committee Office.
Group meetings every two weeks.

Winter Break:

MCAT Preparation:

2-5 hours of studying/week (optional).

Spring Semester:

MCAT Preparation:

Various MCAT registration deadlines, consult: www.aamc.org
10-15 hours of studying/week

Full-Scale Practice MCAT's

Saturdays, 8:00 a.m. - 5:00 p.m.
Practice Exam #1, January 12, 2013
Practice Exam #2, January 26, 2013
Practice Exam #3, February 16, 2013
Practice Exam #4, March 9, 2013
Practice Exam #5, April 6, 2013

**FINAL STUDY GOAL: 150-200 HOURS
MCAT - SUMMER 2013**

APPLICATION PREPARATION:

February - March:

Two reference names sent to the Health Professions Advisory Committee Office.

March - April:

Medical school selections using online resources.

May: (after MCAT):

AMCAS application completed.
AMCAS application forms are available online.

July:

AMCAS application submitted.
University of Montevallo Evaluation Letter completed.

Fall:

Practice interviews.