



May 2010

University of Montevallo

# ASPIRE

Student Support Services

Newsletter

## From the Desk of the Director

Last year at this time I wrote that I had three major goals for the program: (1) to develop a unique program identity, so that it was more visible to the campus community; (2) to build a more dynamic program; and (3) to create a sense of "community" among the participants. I think that these goals are coming along quite well, although we still have a way to go. We are really happy to see the upswing in participation. We like it when our office is busy, as it is one measure that you are utilizing the services and programming to help you excel in your academics. We hope you are taking away the academic strategies you need to become the best student that you can be.

As you reflect back on this

year, what do you think about your own growth? Were you challenged to step outside of your comfort zone? Did you learn to network with fellow students whom you didn't know at the beginning of the year, or develop a great relationship with one (or more!) or your professors? How satisfied are you with your academic progress this year? Remember that any progress is good, and that your success is in your hands.

Some of you are graduating and planning to continue on to graduate school, while others are going straight to a new job. To you graduating seniors, we congratulate you on completing another milestone in your life's journey. We will miss you, and wish you all the success you

deserve in your future endeavors!! Please keep in touch to update us about what's going on through our Facebook page.

We wish you continuing students much good luck on your finals, papers, and/or projects and we look forward to working with you in the fall semester as you continue on in your academic pursuits.

Within this short issue we will recognize the students who received numerous awards and scholarships during the Honors Day Award Ceremony, as well as provide a few updates on what some of our graduating and continuing students will be doing!

*Have a wonderful summer!*

--R. Denise Myers



*Congratulations to our Graduates!!*

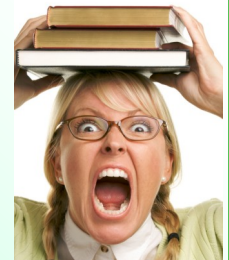
Help us bid a fond farewell and best wishes for a successful future to our graduating seniors!

- Heather Anderson, BS in Art
- D'Varia Hurst, BS in Kinesiology
- Britania Hutchinson, BS in Speech Pathology
- Shermita Little, BA in English
- Micah Manu, BS in Family & Consumer Sciences
- Brandy McGough, BS in History
- Tlas McLeod, BS in Speech Pathology
- Candyce Osburn, BA in Family & Consumer Sciences
- Elicia Parks, BS in Family & Consumer Sciences
- Arthur Waldrip, BS in Ed Deaf & Hard of Hearing and BFA in Art
- Ricky Walker, BBA in Accounting

Know someone who could really benefit from ASPIRE/SSS services? Why not refer them to the program?

The ASPIRE/SSS Program is accepting new applications, and now students may complete it online!

If you know someone who you think might be eligible for the program, encourage them to go to our website and complete their application: [www.montevallo.edu/ss](http://www.montevallo.edu/ss).



### GRANT AID AWARDEES

The following students received the ASPIRE/SSS Grant Aid Award for 2009-10:

- |                        |                    |
|------------------------|--------------------|
| Miranda R. Breda       | Ashlyn E. Postell  |
| Porsche N. Brown       | Amanda Reed        |
| Will Davis             | Ira J. Robinson    |
| Sharon F. Ellison      | Lamonica Sims      |
| Julie A. Hall          | Jimmecca G. Smith  |
| Megan R. LeJeune       | Gerda K. Tshibangu |
| Keon M. Maiden         | E. Renée Underwood |
| Timothy J. McMillan    | TyNequeya Weeks    |
| Courtney D. Montgomery | Delorious Wilson   |
| Holly M. Pless         |                    |

## PARTICIPANT UPDATES

This summer **Michella Shaw** will be interning with *Birmingham Home and Garden* magazine through their Editorial Internship Program. She will be involved in many aspects of the publication, including writing and producing articles, researching and fact-checking articles, photography, copy-editing, as well as attending photo shoots!

Three of our participants will serve as Resident Assistants for Housing and Residential Life. **Gerda Tshibangu** will be at Hanson Hall, **Kelsey Dobyne** at Main, and **Shernita Little** at Brooke.

We also have heard back from several of our graduating seniors regarding their post-graduation plans:

- \* **Shernita M. Little** will attend graduate school here at the University of Montevallo with a concentration in Marriage and Family Counseling.
- \* **Candyce Osburn** is marrying Terry Hughston in June! Both will attend the University of Alabama and Candyce will pursue a Master's in Social Work.
- \* **Arthur Waldrip** currently is pursuing a teaching position.
- \* **Brandy McGough** is enrolled in the Alternative Fifth Year Program for a Master's degree in Secondary Education, then plans to attend UAB for a Master's in History.
- \* **Britania Hutchinson** will be working and studying for the Graduate Record Exam, and hopes to attend the University of West Georgia.

***We wish you all much success!***



## 2010 HONORS & SCHOLARSHIP AWARD RECIPIENTS

Quite a few of our ASPIRE/SSS participants received scholarships and awards at the Honors Day event in April, and many received *multiple* awards, too numerous to name all of them here.

*Please join us in celebrating their accomplishments!*

Miranda R. Breda	Vanya E. Gaines	Tanika S. Patton
Porsche N. Brown	Tenisha A. Hicks	Tabitha J. Perry
Zachary L. Burrell	Alex C. Johnson	Tiffany N. Robinson
Melanie V. Coots	Kia B. Knight	Michella D. Shaw
Tiffany A. Cummings	Jared H. Kornegay	Sedrick Smith II
Emily C. Daniel	Erick J. Lutz	Keyla L. Tidwell
Rachel R. Daniel	Brandy S. McGough	Megan N. Traweek
Christina M. Davis	Timothy J. McMillan	Gerda K. Tshibangu
Will L. Davis	Jaclyn R. Morlan	Arthur L. Waldrip
KaTascia R. Dobyne	Candyce J. Osburn	Leon I. Whitely
Kelsey J. Dobyne	Eden A. Pfaff	Leigh Williams

## Reflections: A Top Ten List of Year-End Questions

Michael E. Angier, <http://successnet.org>

As you come to the end of this school year--whether it is your first or your last--, take a few moments to answer the following questions. Michael Angier, CIO of *SuccessNet*, says that an important part of preparing for the future is to review the past--to release it--and to learn from it. His top ten list includes questions that should stimulate your thinking for this process. Try to look at yourself and your experience with as much objectivity as you can.

1. What did I learn? (skills, knowledge, awareness, etc.)
2. What did I accomplish? (List my wins and achievements.)
3. What would I have done differently? Why?
4. What did I complete or release? What still feels incomplete to me?
5. What were the three most significant events of the past year?
6. What did I do right? What do I feel especially good about?  
What was my greatest contribution?
7. What were the fun things I did? What were the not-so-fun?
8. What were my biggest challenges/roadblocks/difficulties?
9. How am I different?
10. For what am I particularly grateful?



## Become an ASPIRE/SSS Tutor!

Looking for a *great* part time job that pays well and looks great on your résumé? Do you have a 3.0 or better cumulative GPA? Do you want to help other students?

If so, consider being a tutor for ASPIRE/Student Support Services! Check out our website for further information:

<http://www.montevallo.edu/sss/tutoring.shtm>. Contact Maija Braaten to arrange an interview. You may call her at 205-665-6250 or send her an email at [braatenmm@montevallo.edu](mailto:braatenmm@montevallo.edu).

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